



# End of Life Care Training

## For Domiciliary Care across Surrey

Online using Microsoft Teams

### Staff wellbeing

Attending this session will enable participants to acknowledge the impact that the Covid 19 pandemic has had on care homes and individuals.

Participants will be able to share experiences of, and normalise such feelings as well as practice wellbeing strategies.

Date	Time
Tuesday 14 September 2021	15.00
Tuesday 11 January 2022	15.00

### Bereavement, Loss and Change

Attending this session will help participants to acknowledge the loss, change and trauma experienced during the Covid 19 pandemic and how to normalise such feelings.

We will also look at how people may grieve and participants will have the opportunity to share their experiences with others.

Date	Time
Tuesday 9 November 2021	15.00
Tuesday 8 March 2022	15.00

### Foundation Communication Skills

Attending this session will enable the participant to explore the principles of effective communication with a distressed resident and or family member.

Practising these principles will enable increased confidence in having difficult conversations.

Date	Time
Friday 1 October 2021	13.00-16.00
Friday 26 November 2021	13.00-16.00
Friday 28 January 2022	13.00-16.00
Friday 25 March 2022	13.00-16.00

To request your place, please email (limits per care home may apply): [education@pth.org.uk](mailto:education@pth.org.uk)

These flyers are also available to view online: [www.pth.org.uk/education-and-training](http://www.pth.org.uk/education-and-training)

If these dates and times don't suit, our friends at Princess Alice Hospice are running the same courses at different times and dates:

[www.pah.org.uk/learn-with-us/book-a-course/](http://www.pah.org.uk/learn-with-us/book-a-course/)