

# Brush with Art



## what happens to my artwork at the end of the group?

Intermittently, and with the artist's permission, we like to mount finished work and display it in on the board outside the Dove Lounge. Not only does it brighten up the corridor, it encourages others to give the group a try.

## do I have to pay for services from Phyllis Tuckwell?

No, all services offered by Phyllis Tuckwell are free. As a charity we are dependent on the local community for their generosity and financial support. We only receive 20% of our funding from the NHS/Government and therefore we have to raise over £20,000 a day to provide all our services. If you would like to make a donation, please ask a member of staff, or visit our website.

Thank you.

For further information please contact:

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**Large print version available on request.**

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## what does 'Brush with Art' involve?

*This is an informal group which offers participants the opportunity to rediscover their creativity through painting, drawing or collage.*

Our aim is to provide a positive focus to the week, where people can 'de-stress' and forget their health problems. With its social focus, the emphasis is on **fun and relaxation**.

### how can I access the group?

The classes are for all people who have been referred to Phyllis Tuckwell for supportive or end of life care.

Referral to Phyllis Tuckwell can be made through your GP, District Nurse, Clinical Nurse Specialist or Macmillan Nurse.

You can choose to attend the 'Brush with Art' group independently or bring a relative or close friend, as it offers participants the opportunity of spending quality time together.

### will I need to bring my own paints and paper?

No. All materials and equipment will be provided.

### how experienced do I need to be?

Many people haven't picked up a paint brush since leaving school. All you need is an open mind and willingness to give it a go. People are surprised by what they can achieve over a relatively short time.

### how much supervision will be given?

Our team of enthusiastic volunteers have different areas of expertise – traditional watercolour/pastels, pencil/charcoal drawing, mixed media and even abstract.

Their role is to inspire confidence, and gently guide and encourage the development of creative expression. Whilst we are unable to promise 1:1 supervision, you can be assured that those running the sessions will be attentive to your needs.



### what help is there for people who might find it hard to hold a paint brush/pencil?

Our volunteers are very resourceful and will endeavour to find ways of overcoming all sorts of problems. If we need to, we will happily talk to your Occupational Therapist to find out what equipment might help.

### how often does the group meet?

The group meets in the Dove Lounge on **Monday afternoons, from 2pm to 4.15pm.**

### can you help with transport?

Yes - although this depends on the availability of our volunteers. There are buses that regularly pass by the Hospice and the local train station is within a short walking distance.

### is it easy to park?

There is limited reserved parking on site. Alternatively Waverley Lane and Menin Way have some restricted parking.

It is worth noting that passing traffic can get quite heavy, particularly when nearby schools close between 3.15-3.30pm.