

 **WAY Widowed & Young**

**WAY Foundation** (for those under 50 who have lost their partner)

[www.widowedandyoung.org.uk](http://www.widowedandyoung.org.uk)

# YOUNGMINDS

**Young Minds** (for children and young people)

[www.youngminds.org.uk](http://www.youngminds.org.uk)



# connect

Counselling Service

**Connect Counselling Service**

(for those in the Surrey Heath area)

[www.connectcounselling.org.uk](http://www.connectcounselling.org.uk)



# crossways

counselling service

**Crossways Counselling Service**

01428 644333

<http://crosswayscounselling.org.uk>



**The Childhood Bereavement Network**

[www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk)

**Disclaimer** – The content of this leaflet is for information only. This information does not constitute either an endorsement or a recommendation for any of the organisations listed.

**Do I have to pay for services from Phyllis Tuckwell?**

No, all services offered by Phyllis Tuckwell are free. As a charity we are dependent on the local community for their generosity and financial support. We only receive 20% of our funding from the NHS/Government and therefore we have to raise over £20,000 a day to provide all our services. If you would like to make a donation, please ask a member of staff, or visit our website.

Thank you.

**Patient and Family Support team administrator**

[pafs@pth.org.uk](mailto:pafs@pth.org.uk)  
01252 729430

Phyllis Tuckwell Hospice Care,  
Waverley Lane, Farnham, Surrey GU9 8BL  
Phyllis Tuckwell Memorial Hospice Ltd.  
Registered Number 1063033. Registered Charity Number 264501.

Phyllis Tuckwell<sup>®</sup>  
Hospice Care  
...because every day is precious

# Bereavement Counselling Services



The counselling service at Phyllis Tuckwell often has a waiting list.

If you advise our Patient & Family Support team administrator, we will put you on the waiting list and contact you as soon as we have availability.

If you would like to see someone sooner, here is a list of alternatives which you may wish to consider:

#### Free counselling services

**Your GP** may be able to refer you to a counselling service.

**thinkaction**

**Think Action** (Surrey residents)  
0300 012 0012

**TalkPlus**

**Talk Plus** (Hampshire residents)  
01252 533355

**ieso**  
digital health

**Online therapy** (Surrey residents)  
[www.iesohealth.com/surrey](http://www.iesohealth.com/surrey)

**Cruse Bereavement Care**

**Cruse Bereavement Care**  
0808 8081677  
[www.cruse.org.uk](http://www.cruse.org.uk)

**Counselling services who charge**  
(organisations who are charities and charge a reduced rate)

**bacp** | counselling changes lives

You can find a comprehensive list of counsellors in your area at the **British Association of Counselling and Psychotherapy's** website  
[www.bacp.co.uk](http://www.bacp.co.uk)

 **Counselling Directory**  
Connecting you with professional support

Or on the **Counselling Directory**  
[www.counselling-directory.org.uk](http://www.counselling-directory.org.uk)

**THE EAVES**

Counselling and Psychological Services in Surrey

**The Eaves Counselling and Psychology Service**

Godalming – 01483 418245  
Guildford – 01483 917000  
Farnham - 01252 820225

**SANDHURST COUNSELLING SERVICE**  
FINDING YOUR WAY IN TROUBLED TIMES

**Sandhurst Counselling Service** (for those in Sandhurst and surrounding areas)  
07423 111947  
[www.sandhurstcounselling.org.uk](http://www.sandhurstcounselling.org.uk)