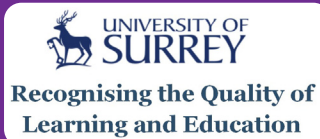




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Communication and Advance Care Planning in Palliative Care

Day 1 & 2

(For qualified healthcare professionals)

Aims:

- Undertake training in line with the National End of Life Care Strategy.
- To further develop knowledge, skills, and confidence to raise sensitive topics and respond to challenging questions with regard to end of life care questions and Advance Care Planning (ACP).

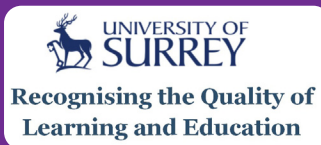
Learning Outcomes:

- Apply the principles of successful communication to palliative care clinical practice.
- Demonstrate honest, compassionate communication, treating patients and their carers with respect and dignity.
- Explore the challenges of communication in relation to end of life care.
- Understand the principles of Advance Care Planning.
- Explore in a safe environment how to feel confident discussing sensitive and multi-faceted issues in relation to palliative and end of life care.
- Understanding of the DNACPR discussion/process and ReSPECT.
- Recognise boundaries of own responsibility and competence and know when referral is appropriate to help with patient or carer needs.

Contact: The Education Department on 01252 729474
or education@pth.org.uk



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Assessment & Symptom Management for People in the last year of life

Day 3 & 4

(For qualified healthcare professionals)

Aims:

- Undertake training in line with the National End of Life Care Strategy.
- Further develop knowledge, skills and confidence to assess patients in the last year of life and the needs of carers.
- Develop the knowledge and skills to manage symptoms of patients with progressive disease near the end of life.
- Enhance understanding of how the Gold Standards Framework assists with proactive assessment and management.

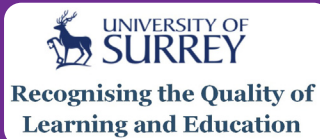
Learning Outcomes:

- Identify the interface between palliative care and end of life care with an understanding of the end of life care pathway.
- Understand the domains of holistic assessment in relation to end of life care, patient and carer needs.
- An enhanced awareness of how the Gold Standard Framework Prognostic Indicator Guidance can assist with identifying patients with non-malignant conditions and clinical management at the end of life.
- Identify and assess symptoms in palliative care.
- Understand the management of common end of life symptoms, i.e. pain, nausea and vomiting, dyspnoea.
- Awareness of the range of pharmaceutical and non-pharmacological therapies.
- Know when to refer to specialist palliative care.

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Changing Gear in the last weeks of life

Day 5 & 6

(For qualified healthcare professionals)

Aims:

- Recognise when change and deterioration indicates a need for reappraisal of treatment, clinical management and support.
- To review individual's, priorities, goals and decisions, tailoring care to the needs of the individual and their carers.
- Further develop knowledge and skills to influence a dignified life and death.
- Support choice and respect for care of the dying person.

Learning Outcomes:

- Identify how prognostic indicators may influence the patient's plan of care in the last weeks of life.
- Shared experiences/learning of caring for a person after death.
- An awareness of the normal adjustment to change and loss.
- Enhanced awareness of the holistic needs of the dying patient and their carer, including management of common symptoms, wishes and preferences.
- Interpret how the '5 priorities of care' are addressed in practice.
- Distinguish which medications are needed for symptom management at end of life.
- An understanding of the process for verification of expected death in the community setting.

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