



Phyllis  
Tuckwell  
Hospice Care  
...because every  
day is precious

# Brush with Art

Using imagination and realising  
hidden potential

Discovering  
creativity



An informal group which offers you the opportunity to rediscover your creativity through painting, drawing or collage.

For more information about Brush with Art, please contact [rachel.copes@pth.org.uk](mailto:rachel.copes@pth.org.uk) or 01252 729411.

For information about Living Well, call **01252 913040**

Living  
Well



# Brush with Art

## what are these groups?

This volunteer-led art group is suitable for those who are living with an advanced or terminal illness.

## what are the benefits?

You can benefit from improved emotional wellbeing, confidence and motivation.

## what happens in these sessions?

Attendees of this fun and relaxing informal group take part in painting, drawing or collage, discovering hidden or forgotten talents. Volunteers with different areas of expertise are on hand to inspire confidence and encourage creative expression. The positive focus of the sessions helps you to de-stress and forget your health problems.

## is transport to the venue available?

There is public transport to the site as well as some on-site parking. You can be dropped off, or there are facilities for family members to stay and enjoy refreshments. Some volunteer driver transport is available, but we have limited capacity, so if this is required please ask and we will try to help.

## do I need to wear or bring anything special?

We would advise that you wear loose, comfortable clothing and that you bring any medication you may need during your visit. You are welcome to bring any of your favoured art equipment, although good basic materials are provided.

## when are the groups held?

These 12-week sessions are held on Monday afternoons from 2-4.15pm, in the Dove Lounge at the Hospice in Farnham.

## do I have to pay for services from Phyllis Tuckwell?

No, all services offered by Phyllis Tuckwell are free. As a charity we are dependent on the local community for their generosity and financial support. We only receive 20% of our funding from the NHS/Government and therefore we have to raise over £20,000 a day to provide all our services. If you would like to make a donation, please ask a member of staff, or alternatively you can visit our website.