

2026

Spring

Connections



Phyllis[®]
Tuckwell

Hospice Care

...because every
day is precious



Your new Hospice update
Patient stories
Latest news

Welcome

Welcome to our Connections magazine.

We've been looking forward to 2026 for some time now, as it's when your new Hospice building will open its doors! This amazing new space will truly transform the way in which we are able to provide our care, and enable us to support so many more local patients and families who need our specialist services.

The new Hospice building sees our organisation take the next step in what has been a remarkable history. Built on the vision of two extraordinary founders - Sir Edward Tuckwell and one of his patients, Yvonne Dale - we are one of the oldest hospices in South-East England. Since we first opened our doors back in 1979, **we have continually developed, improved and expanded our services, and now care for over 250 patients, relatives and carers every day.** Thanks to our generous supporters, who believe in our cause as passionately as we do, we have been able to complete this much-needed next step in our care, which will equip us for both now and the future.

In this edition, you can find out more about the latest developments we have made within our services and read inspiring stories from our patients and their loved ones, which illustrate



just how important the care we provide is. We'll tell you about our recent fundraising activities, and you can see what we have planned for this year. Our fundraising events are always great fun, so do come along and join in - we'd love to see you there.

You don't have to fundraise to support us though - you can just go shopping! By donating to and buying from our shops you'll help us raise money, while promoting sustainable shopping which benefits everyone. We've got some amazing preloved items on sale, so come and have a browse.

And finally, I'd like to thank you for all your support over the years. Moments like this, when we mark a milestone in our organisation, remind me of how far we have come over the years. **We couldn't have done this without our wonderful community, so thank you for being a part of that.**

With warmest wishes,

A handwritten signature in cursive script that reads "Sarah Church".

Sarah Church (chief executive)



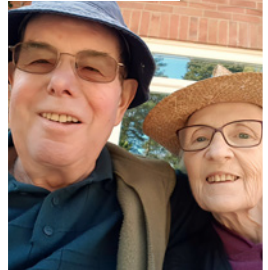
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Your New Hospice Update

Thanks to your amazing support, we've reached our £6 million fundraising target to build *your* new Hospice. Together, we did it!

The construction has been progressing well, and this spring will see us open the doors and welcome our patients, visitors, staff and volunteers into this wonderful new building.

Over the last few months, our building contractors, Beard Construction, have been focussing on finishing the interior of the building, so that it can be painted and equipment can start to be installed.

The building itself is now fully constructed and watertight. All of the wall, floor and ceiling

finishes are complete, and the ventilation system has been installed in the kitchen area. The impressive feature window at the front of the building is fully glazed and work is underway to decorate the inside of the stairwell. The underfloor heating has been turned on, enabling us to make sure the boilers and water services are all working properly. The warmth also helps to speed up the drying out of the plastering and painting, and gives the building a much cosier feel.



"I'm really impressed with the design of our new In-Patient Unit. It will have 18 beds, enabling us to offer round-the-clock care to many more patients at the end of life. With each patient room opening out onto its own private garden area, even those who are bedbound will be able to go outside and enjoy the benefits of nature."

Dr Cate, our medical director



Inpatient room with access to private outdoor space

We are now working to ensure that fire stopping and protection works are in place in all areas, in line with the building's high specification design to meet the latest fire safety standards.

The next steps will be to receive delivery of the new kitchen and catering equipment, and to progress with the garden areas. Outside the building, much of the initial landscaping is already finished, and we'll soon be moving on to planting the trees, shrubs and flowers which will transform it into a beautiful, relaxing haven for everyone to enjoy.

With so much now complete, we have been able to show small groups of staff around this amazing new building, so that our teams can see where they will be working and begin preparing for the transition back. We're delighted to have had so much positive feedback from our staff, who can't wait to move into the new Hospice. **All of the research, discussion and deliberation in the planning stages has really paid off, as it has resulted in a bespoke building which really will enable us to provide the best care we can to many more people who need our support.**

As well as thoughtfully designed inpatient rooms, a spacious Wellbeing Centre and a well-equipped Living Well Hub, the Hospice will also provide a welcoming café, a peaceful Sanctuary space, private rooms for counselling, and a family room with a TV, games and sofas. Landscaped individual and communal gardens will bring nature close, and well laid-out office spaces will support both our clinical and non-clinical teams. With facilities for education, WiFi and updated technology, the new Hospice will enable our specialist staff to work more efficiently and effectively, and expand the training that we are able to offer to other local healthcare providers.

Now that the £6 million construction fundraising target has been hit, we're focussing on ensuring that our ongoing care continues to be funded. We have to raise well over £25,000 every day to provide our specialist services, and that doesn't include any of the extra funds that together we have raised for the Hospice build. With your continued support, we can make sure this Hospice and the vital care that it enables us to give are here for those who need us, both now and in years to come. **It truly will be a lasting legacy to those who made it happen.**

Front of the building



"We are incredibly excited about moving to the new Hospice! The Living Well Hub will be a lovely new space for our patients and a wonderful step forward for our services."

Molly, one of our rehabilitation assistants



Wellbeing Centre and Living Well Hub

For more information,
scan the QR code or visit
www.pth.org.uk/newhospice



"We're absolutely delighted to be moving back into the Hospice building and making it our central hub once again. It will provide a welcoming base for our teams to work from, collaborate, and continue delivering the very best care. This move marks an exciting new chapter for us all."

Laura, one of our clinical nurse specialists



Don's Story

Don has motor neurone disease (MND) and is being cared for by our Hospice at Home and Living Well teams.

He is visited at home and attends sessions at our Beacon Centre in Guildford.

"I saw one of their doctors, Dr Sarah, and we had a good conversation," he said. "From there on I've seen physiotherapists, occupational therapists, speech therapists, dietitians and counsellors. I've been looked after extremely well."

Our occupational therapists provide advice, guidance and equipment to help patients continue to manage activities that are important to them, such as cooking and personal care, as independently as possible. They work closely with our physiotherapists, who offer support such as individual and group exercise sessions, to help patients increase their mobility and muscle strength.

"Catherine, one of their occupational therapists, visited me at home last week to look at toilet facilities and assistance for me in the kitchen, because it's becoming increasingly difficult for me to do things now. I've had a few sessions with Sue, one of their physiotherapists, which have been tremendous. It really helped me understand how my condition is changing. The Beacon Centre feels like home now; I feel welcome there."

Because of the complexity of MND, a number of healthcare professionals can be involved in a patient's care, so Lyn, our MND clinical specialist, acts as a single point of contact between Don and the team who supports him.



"The specialist knowledge Lyn has is incredible. My family have sat in on some of those sessions with me, which has helped them to learn more about MND."

As well as physical support to help him manage his condition, Don has been offered emotional support too.

"I asked for some counselling sessions, and I've been seeing Kate, one of their counsellors, over at the Beacon Centre. It's helped me to talk through the situation I'm in and how to deal with it, and how to tell other people about it."

Don has recently completed the Thames Path Walk, raising over £4,000 to help fund our care.

"I was pleased to have raised as much money as I did, because I know how important it is. The Fundraising team were very supportive. They provided me with t-shirts, helped me set up my JustGiving page and create a QR code, and would send me messages saying well done."

"I'm so grateful to Phyllis Tuckwell for all the support they've provided. It becomes like a family, like a team around me, and I really appreciate that."



A Lasting Legacy

Some people choose to leave us a gift in their Will, to help fund our care. These legacies are often made in memory of a loved one we have cared for, to help us provide that care for others in the future. Ian very kindly left us a gift in his Will after we cared for his wife, Ann.

Ian and Ann were childhood sweethearts. They married and had two sons, but in 2019 Ann was diagnosed with cancer.

"Ann had chemotherapy and underwent a major operation," said Ian. "She was referred to Phyllis Tuckwell, and one of their doctors visited us at home. We also had regular phone contact with their nurses."

In 2020, the Covid lockdown came into force.

"The Phyllis Tuckwell nurses were there to carry us through it. Watching the headlights of their approaching car was always such a relief."

As Ann's condition progressed, she was admitted to our In-Patient Unit.

*"She had her own room with a view of the garden, and the nurses could wheel her bed outside so we could sit out there together. That meant the world to us. **The relief I felt that she was in safe hands was overwhelming. They looked after her, controlling her pain and maintaining her dignity. All her family were with her at the end.**"*

"After Ann died, the greatest help Phyllis Tuckwell provided me with was a warm and comforting hug."



Ian was put in touch with one of our counsellors, who support patients and families during a patient's illness and offer bereavement support to patients' loved ones.

"I am making a new life and friends for myself. Ann is always with me in love, in photos and in memories, and forever will be, but I have accepted whatever the future holds for me."

*"Leaving a gift in my Will felt to be a tangible way to express my thanks to and support of Phyllis Tuckwell. It is impossible to express the love that emanates from them, or my everlasting gratitude for the care they gave Ann. **Leaving a gift in my Will can help them continue providing the help they give to those who are suffering.**"*

To find out more about leaving a gift in your Will to Phyllis Tuckwell, you can contact our legacy officer, Hannah Robins, on **01252 221783**, email **hannah.robins@pth.org.uk**, visit **www.pth.org.uk/gift-in-will** or scan the QR code.



Please rest assured that, should you contact us, there is no commitment at all to leave us a gift in your Will.

Scan the QR code to find out more about leaving a gift in your Will to Phyllis Tuckwell.



Latest News

One-to-one art therapy sessions

Living with illness can bring many challenges. **Our art therapy sessions provide a calm, supportive space where patients can take time to pause and reconnect with themselves. Creative expression can bring a sense of release, helping patients to process their feelings in a gentle and meaningful way, and be heard with or without words.**

The sessions are run by Kara, an art therapy student. *"Patients don't need to be artistic to attend,"* she said. *"They just need to come along, and together we will use materials such as soft pastels, watercolour paints, clay and collage to explore what's going on for them."* Some patients may simply want to unwind and enjoy the creative process; others may wish to explore complex feelings such as fear, loss, frustration, change or hope. Kara will ask questions such as *'what does this colour mean to you today?'* or *'are there any feelings that need some space right now?'* which can help patients begin to express themselves.

They might create something symbolic and personal, or may just enjoy the feeling of making something with their hands. *"I look forward to the sessions; they have been a lifeline. I found creativity that I didn't know I had in me,"* said Jenny, one of our patients.



Training local healthcare providers

Every year we welcome nine GP registrar doctors to spend four months with us, learning about palliative care. Registrars are fully qualified doctors who are doing additional training to become GPs. During their time with us, they will work with our multi-disciplinary team on our In-Patient Unit, learning how we support patients who need symptom management or end of life care.

They will also spend time with our Hospice at Home doctors, who visit patients in their own homes or care homes during their illness and in their last days, and learn about our Living Well service, which offers individual and group sessions to help patients earlier in their illness. Our doctors will teach them about writing community drug charts, safely prescribing controlled medication, and estimating patients' prognoses, as well as covering complex symptom management and advanced communications.

It's important that local GPs have a good understanding of the services we offer, so they can identify patients who need our support, and refer them to our care.



Supporting carers through difficult times

We've launched our Transitions programme, which supports carers when their loved one moves from one place of care to another, for example from hospital to a care home, or from home to our In-Patient Unit.

Carers are usually a patient's relative or close friend, and adjusting to their loved one being moved to a different care setting can be stressful.



This programme offers them emotional and practical support through the process, helping to reduce stress and worry. Through phone calls, visits and assessments, we can identify their individual concerns and needs, and provide or signpost them to the support available, helping them feel prepared, included and supported throughout their loved one's transition.

Emma and Sandra's Story

Emma comes to our Living Well sessions with her mum Sandra, who is her carer. Here they take part in a variety of activities offered through our Creative programme, which Emma really enjoys, and which give Sandra an opportunity to focus on something other than her caring role.

Our Living Well service helps patients continue living life as fully and independently as possible. It includes two eight-week programmes which are held at the Beacon Centre in Guildford.

The Living Well with Illness programme covers topics such as Food and Nutrition, Remaining Active, and Improving your Sleep, while the Creative sessions focus on activities including Cooking with Confidence, Therapy through Nature, and Mindfulness with Clay.

Patients who would like to, can also attend our Artscape group, which is led by Kara, a student art therapist. Artscape offers 10 weekly sessions where patients can use creative activities to explore complex feelings around their illness, that might be hard to put into words. When Rachel, our Living Well sister, found out that Emma liked art and craft, she recommended that she try Artscape first, and then move on to our Creative programme.

"The groups have been good," said Sandra. "Emma did a canvas and gave it to Ruby, my granddaughter. That was lovely. She really enjoyed the sessions. In the Creative programme, you do a different activity each week. Last week we did the art one, and the week before we did gardening. That was good. We each made a pot of flowers. Emma did one and gave it to my sister when she came to visit, and mine's on the bench in the garden. It's really growing!"



"I know that if we did have a problem, there's somebody there that we could talk to."
said Sandra



"The sessions are really nice. Originally, the idea was for me to take Emma there and leave her to take part without me, but she's not very keen on that. It's not worth her getting anxious over or not wanting to go anymore, so I just stay with her and do the activities alongside her.

For me, I'm doing something; it takes my mind off thinking about other things. And Emma likes doing these sort of things, like making the planter pots. Last week we did the bottle, which we put her favourite photo on."

"Yes," said Emma, "of me and Mark, my boyfriend."

At our Positive Moments in Bottle session, patients are given a piece of paper with an outline of a bottle on it, which they can stick photos of happy or important memories on, to remind themselves of. Capturing and remembering these positive moments from their lives can help boost feelings of self-worth and happiness.

"My favourite one was making things in the art session, and painting a birdhouse," said Emma.

"That was a lovely session," said Sandra. "We've put the birdhouse down the garden. Emma also

painted lots of little stones, which she's given to our family and friends."

While they are at our Living Well sessions, patients and carers can also choose to have a complementary therapy treatment. Emma has had her feet massaged, and Sandra was also offered a massage, too.

"It was lovely. It's good because it's not very often that I have time to focus on myself. Usually, I'm more conscious of looking after Emma, so it's nice to go to these sessions and have a massage, and have people ask how I am, or if there's anything that I need."

Sandra has also benefitted from the social aspect that the groups provide.

"We've chatted and got to know quite a few people. I felt a bit anxious the first time we went, but everybody was really friendly and made us feel at ease. There's a nice atmosphere there. The nurses are all amazing; everybody's so lovely. It's also nice to know that the nurses there are seeing Emma every week, and they can see what's happening and what support we might need. I know that if we did have a problem, there's somebody there that we could talk to."

Education and Training

Each month, clinical staff from across our organisation - including doctors, nurses, health care assistants, occupational therapists, physiotherapists and complementary therapists - take part in our Moving and Handling training.

Moving and handling is about supporting patients to move from one place to another, for example from bed to chair, chair to wheelchair, or sitting to standing. The training focusses on considering the patient's environment and how to move them efficiently and effectively, and includes safe equipment use and the prevention of musculoskeletal injury.

Staff from our In-Patient Unit, Living Well and Hospice at Home teams all attend, ensuring that we maintain a consistent, safe and dignified approach to patient care in every setting. The training is delivered by Kirsten, who is both our moving and handling lead and our occupational therapy team lead. It is interactive and scenario led, and includes discussion, simulation, problem-solving and hands-on learning.

Moving and handling is linked to promoting patients' independence, supporting them to continue doing the things that are important

to them, and enabling them to remain as involved as possible in their own routines.

By placing their goals, abilities and choices at the centre of decisions, we can help them move safely while working towards what matters to them most.

Specialist equipment has transformed how we deliver this care, and items such as the Hoverjack and Hovermat help us to manage complex handling situations safely and efficiently.

Our new Hospice will include a Living Well Hub which will enable staff to practise using equipment such as this, as well as profiling beds, a ceiling track hoist, and standing and transfer aids. We are deeply grateful for the generous donations that have made this possible, enabling us to invest in the training spaces and resources needed to equip our staff to provide safe, dignified and compassionate care, today and into the future.



If a person has fallen, the Hoverjack, an inflatable lifting system, allows staff to assist them with minimal physical strain and in a dignified manner.

A Day in the Life of... a Rehabilitation Assistant

Molly is a rehabilitation assistant on our Living Well team, which offers individual and group sessions for patients and carers who need help managing living everyday life with their illness.

We have two rehabilitation assistants on the team - me and Susie - and **we help to assess patients, to determine what support they need. The team has a holistic approach, so we look at all of the ways in which a patient might need support – physical, mental, emotional and spiritual. We get to know each of them as an individual person;** that's one of the things I love most about the role. Every patient is so different, and being able to help them is so rewarding.

We run a different Living Well group session every day. They're all aimed at helping patients to manage their symptoms and continue living everyday life as fully as possible, for as long as they can. Our Living Well with Illness sessions provide information and advice on topics such as exercise, nutrition and sleep, while our Creative programme offers therapy activities such as Therapy through Nature and Confidence with Cooking, which boost patients' independence and confidence. Susie and I also help at our physio-led exercise and tai chi sessions, which can help with strength, mobility and mindfulness, and Artscape, which is our art therapy group. We lead our carers' online group too, which offers practical advice and emotional support to the carers of our patients. As it's online, it's easier for carers to attend if they are looking after their loved one at home. **All of these groups give patients and carers the opportunity to meet and get to know**



each other too, and this social aspect is very important in providing friendship and peer support.

If a patient has missed one of our sessions, we'll give them a call to see how they are. We sometimes visit patients at home too, which gives us the opportunity to assess their living situation and see whether they need any support with mobility. It's really helpful for us to be able to understand their physical as well as their mental and emotional situation, and we can refer them on to other teams within Phyllis Tuckwell, such as Occupational Therapy, if we see an issue.

I really love working at Phyllis Tuckwell. The team is really lovely; we all get on so well. It's just such a nice place to be!

Fundraising News

We couldn't provide our care without the help of our wonderful supporters, who give so much time and energy to help us raise the money we need.

Santa Fun Run

Just under 500 jolly Santas filled the streets at our annual Santa Fun Run, including one runner in an inflatable dinosaur suit and one dressed as Buddy the elf! Many came as a family, with babies in buggies and dogs running alongside their owners. **Together they raised over £22,500 to help fund our care!** The run was held in partnership with the Rotary Club of Hart, and with the support of Elvetham Heath parish council, and took place at The Key, in Elvetham Heath in Fleet. Instead of the usual Santa suits, participants were each given a Santa t-shirt and hat, which they can wear again when they take part next Christmas!



Christmas Runs

Over 10,000 children from 58 schools and nurseries in Surrey and Hampshire took part in our Christmas Runs in December, raising over £82,000! Schools and nurseries across West Surrey and North-East Hampshire took part, from Camberley to Haslemere, and from Crondall to Cranleigh. Five of them were new to the Runs, taking part for the first time, and one of these raised the highest amount of all that took part! These festive runs take place every year in the lead-up to Christmas and any local school or nursery can register to take part. Pupils are given either reindeer antlers or an elf hat to wear, or can bring in their own Christmassy headwear, and are sponsored by family and friends to run laps of their school playground or playing field. We'd like to thank all of the schools that took part and everyone who sponsored the children. Your support really does make such a difference. **Do get in touch if you know of a school that would be keen to host a Christmas Run this year. Email us at fundraising@pth.org.uk**



Open Gardens

This summer, discover the hidden garden gems of West Surrey and North-East Hampshire! From May to September, gardens of all shapes and sizes will swing open their gates for garden lovers to enjoy these wonderful green spaces, all to raise vital funds for Phyllis Tuckwell. From colourful courtyard displays to sweeping meadows and tranquil woodlands, every garden offers something special. Visit our website to download our Open Gardens brochure - it's the perfect way to enjoy a summer's day.
www.pth.org.uk/open-gardens

Do you have a garden you'd love to share? Join our Open Gardens for 2027! Call 01252 729446 or email fundraising@pth.org.uk to get involved.



Dash of Colour

Dash is back! This fabulously colourful fun run will be returning for 2026, and we'd love to see you there. You can choose a 2.5k or 5k walk or run, and along the route you will be showered with colourful powder paint to celebrate the opening of the new Hospice and the colour our care brings to the lives of our patients and their families. Dash of Colour will take place on **Saturday 4th July, at Frimley Lodge Park**. The event is open to participants of all ages and is a great way to enjoy some fun exercise and support our vital work. You can register with family, friends or work colleagues, and may like to take part in memory of a loved one we cared for.

Registration will include a Dash of Colour t-shirt and a paint sachet for a colourful start! **Visit www.pth.org.uk/dash-of-colour for more information and to register.**



Big Band Jazz at the Hogs Back Brewery

Join us on Sunday 14th June, from 1pm to 5.30pm, for a chilled-out afternoon of live music from 'The Barnes Big Band'. Kick back with a glass of locally brewed Hogs Back beer and enjoy fantastic music from this 16-piece jazz orchestra, in the brewery's own hangar and garden! Following Jazz at the Hampton Estate in 2024, The Big Barnes Band were keen to support us again, and we're delighted that the Hogs Back Brewery have kindly offered to host the event. We'll be celebrating your new Hospice, which will open this spring, so come along and join in the fun! The event will be held at the **Hogs Back Brewery, Tongham, GU10 1DE**. **Early bird tickets cost £25 and include a welcome drink. Visit www.pth.org.uk/jazz-at-the-hbb for more information and to buy tickets.**

Motor Show is back for 2026

Our very popular Motor Show returns on Sunday 2nd August, with registration and attendee tickets now on sale. **Visit www.pth.org.uk/motor-show for more information.**



Events Diary

MARCH

Farnham Café Bridge* Wednesday 25th

Join the Farnham Café Bridge event and take part in a duplicate pairs game set up over multiple cafés. For more information and to register, email: michael@cafebridge.org

Auction of Promises* 7pm, Friday 27th Farnham Golf Club

A black tie dinner and auction hosted by the Rotary Club of Farnham. Some exceptional auction lots available to bid on. Tickets £45.

Book your table by emailing Judith: jmsrotaryfarnham@gmail.com

Skydive

Saturday 28th Netheravon, Salisbury

Registration £50, minimum sponsorship £450.

www.pth.org.uk/skydive-march-2026



Kilo sales

First to second Saturday of every month (excluding Sundays) Retail Centre, Farnborough

Preloved clothes, shoes and accessories for only £7.50 per kilo!



*This event is kindly organised by supporters of PT supported by our Fundraising team.

**This event is not in aid of PT. Register for your place in this challenge and raise sponsorship for PT.

Challenge yourself!

Help us raise vital funds by getting sponsored to take on a challenge. To see what events you can choose from and how to register, visit www.pth.org.uk/upcoming-events

Contact us for advice and resources to support your fundraising:

01252 729446 | fundraising@pth.org.uk

APRIL

London Landmarks Half Marathon**

Sunday 12th

If you have a ballot place and would like to join our London Landmarks Half Marathon team, we would love to hear from you: support@pth.org.uk

Farnham Classic Car Show* From 10am, Sunday 12th Central Car Park, Farnham

Come along and see a wide range of classic and vintage cars, motorcycles and ex-Army vehicles. There will also be an autojumble and refreshments.

www.pth.org.uk/farnhamcarshow

Craft Sale

9.30am-4.30pm, 17th-25th (excluding Sunday 19th) Retail Centre, Farnborough

Shop for preloved goodies for all your crafting needs!



Surrey Police Band Concert* Saturday 18th

Emmanuel Church, Guildford, GU2 9SJ

An enjoyable evening of music-making from the Surrey Police Band. Tickets £12.

ticketsource.co.uk/whats-on/guildford/emmanuel-church

Spinnaker Tower Abseil Sunday 19th

Enjoy incredible views from the top of the Emirates Spinnaker Tower, before abseiling 100 metres down the side of this iconic building.

Registration £30, minimum sponsorship £250.

www.pth.org.uk/spinnaker-abseil

London Marathon** Sunday 26th

If you have a ballot place and would like to join our London Marathon team, we would love to hear from you: support@pth.org.uk



Our raffles and auctions really help to increase the amount we raise at events throughout the year, but we need more prizes! If you have any unwanted gifts or items you could donate, please email support@pth.org.uk

MAY

Open Gardens May to September

Gardens across Surrey and Hampshire will be open for you to visit and enjoy.

Keep an eye on www.pth.org.uk/open-gardens for our Open Gardens brochure giving details of the event.

Bake & Brew

Get together with family, friends, neighbours or colleagues and enjoy good company with a cuppa and cake.

Register for your host pack now!
www.pth.org.uk/bake-and-brew



JUNE

Skydive Sunday 7th

Netheravon, Salisbury

Registration £50, minimum sponsorship £450.

www.pth.org.uk/skydive-june-2026

Big Band Jazz at the Hogs Back Brewery

1pm-5.30pm, Sunday 14th

*Hogs Back Brewery, Tongham,
GU10 1DE*

Join us for live music from The Barnes Big Band, enjoy Hogs Back beer, and celebrate the opening of your new Hospice. Early bird tickets £25.

www.pth.org.uk/jazz-at-the-HBB

Could your company sponsor one of our events?

To find out more, email corporate@pth.org.uk

JULY

Dash of Colour 1pm, Saturday 4th

Back for 2026!

Frimley Lodge Park, Frimley Green

Participants can take part in a 2.5k or 5k walk/run, where along the route you will be showered with colourful powder paint.

Register at: www.pth.org.uk/dash-of-colour

Albury Music Festival* Sunday 19th

Albury Music Festival is a free festival, and this year is raising money for Phyllis Tuckwell.

www.pth.org.uk/albury-music-festival-2026

AUGUST

Phyllis Tuckwell Motor Show

11am, Sunday 2nd

Private venue in Churt

Exhibitor registration and attendee tickets on sale.

www.pth.org.uk/motor-show



SEPTEMBER

Skydive Saturday 26th

Netheravon, Salisbury

Registration £50, minimum sponsorship £450.

www.pth.org.uk/skydive-september-2026

Hankley Common Golf Day Tuesday 22nd

Shotgun start. Stableford. Final team spaces available - £760 for a team of 4.

www.pth.org.uk/hankley-golf-day

Our Corporates

Companies support us in so many ways, giving their time, energy and creativity to help us continue providing our vital care for those who need it.

Spotlight on: Farnborough Business Park

Farnborough Business Park has supported us as their chosen charity for over four years now. In 2025, they raised more than £7,196, through a variety of events including a summer basket workshop, pop up shops, summer party and Christmas fair tombolas, and a Christmas wreath-making workshop. They also kindly offered us use of their site for our corporate Firewalk. We are so grateful for their continued support.



Thank you!

A number of our key fundraising events have been generously sponsored by corporate supporters, which makes a huge difference to the event's success - and helps us raise even more money.

Thank you to NTT Data and Vale Furnishers for sponsoring our Santa Fun Run; Right at Home for sponsoring our Light Up a Life service; and Clifton Ingram for sponsoring our schools' Christmas Runs.

There are lots of opportunities available if your company would like to get involved.



Firewalk success!

Our first ever corporate Firewalk was a huge success! It took place on 5th November 2025 in a spectacular setting under the iconic hanger at Farnborough Business Park. 32 people walked over hot coals, including individuals and teams from NTT Data, Ringway, Clifton Ingram and Hi-Speed Services, and **raised a fantastic £7,266!** Our corporate Firewalk will be back again in November, so if your company would like to take on the challenge, do get in touch.



Discover Financial 3k Dash

As part of National Fitness Day, staff from Discover Financial took part in a 3k Dash, **raising a fantastic £4,100** for Phyllis Tuckwell!

Corporate Volunteering

In 2025, 381 corporate volunteers from over 40 businesses kindly gave up their time to help us with an assortment of tasks. Together they gave over 2,000 hours of time, the equivalent of 1.2 full-time employees! Volunteers helped with a range of jobs from sorting through donations for our shops, hanging clothes at our Donation Centre ready for our kilo sale, redecorating some of our charity shops, gardening, and packing envelopes for our annual schools' Christmas Runs. A HUGE thank you to everyone who helped. If your company would like to volunteer with us this year, please do get in touch.



SC Johnson

We are delighted to have received a further donation from SC Johnson towards the new Hospice. **They have now contributed over £90,000 to the project**, demonstrating their commitment to making a difference in their community, and dedication to helping us support our patients and their loved ones. Thank you so much!



Dates for your diary

Sunday 10th May - Hi-Speed Services Corporate Football Tournament, at Badshot Lea Football Club.

Thursday 4th June - Branston Adams Accountants Summer Ball, at the Bush Hotel in Farnham.

Thursday 5th November - Phyllis Tuckwell Corporate Firewalk, at Farnborough Business Park.

To take part in any of our corporate events or find out more about how your company can get involved, call Eleanor Stanley on 01252 729446, email corporate@pth.org.uk or scan the QR code.



Our Shops

We sell a wealth of pre-loved treasures, so you can shop in a sustainable way, every day.

Buying preloved items reclaims them from being lost to landfill. There are so many stylish and good quality second-hand items to be found in charity shops, some of which are just like new! And with every item you buy from one of our shops, you're helping to support local Hospice Care, too.

We have 18 shops across West Surrey and North-East Hampshire, which sell quality, preloved clothes, shoes, accessories, toys, books, games, homeware and even furniture. Buying preloved doesn't have to mean a trip to the shops either - we also sell items online, so you can shop when and where it suits you. Just visit www.pth.org.uk/shop for a browse!

Browsing for preloved clothes might throw some alternative fashion ideas your way, and you could find yourself trying out a new look. We sell a huge range of styles, with high street brands sitting alongside high-end fashion, retro and vintage pieces. With low prices, you can afford to experiment, and accessorise your look with shoes, bags and scarves. If you're handy with a sewing machine, you could also upcycle your bargain buy, making it unique to you.

**Sustainable shopping -
helping the environment, your
pocket, and local Hospice Care.**



In 2025, our generous supporters donated:

142,026

boxes or bags
of donations to
our shops.



11,254

boxes or bags of donations
through our corporate
'Bag It & Give' scheme.



Over **9,400**
pieces of furniture.



That's equivalent to **487.5 TONNES** of donations!

After our team of 90 staff and over 300 volunteers had sorted
all these donations to sell across our shops, we sold:

946,778 items to **367,552** customers

£3.275 million generated



312,056

£1 items through
our two £1 shops



206,556

items of fashion
or footwear



26,766

toys, games,
and puzzles



86,000

books or DVDs



16,844

items through
eBay and Vinted



11.5 tonnes

of clothing and
accessories
through our
amazing
kilo sales



13,988

packs of
Christmas cards



546

sofas

We sorted all of the unsaleable items and recycled:



246.5

tonnes of textiles



6.85

tonnes of metal



5.9

tonnes of books



18,500

CDs & DVDs



1,988

electrical items



5,000+

pairs of glasses

85% of donations were sold or recycled

Across the year, our Retail team sold or recycled 85% of all donated items, helping to raise vital funds and minimising the amount going to landfill. By running our shops sustainably, we can contribute to the circular economy that charity shops bring to the high street and reduce our impact on the planet.

Make a Will

Having an up-to-date Will is so important, ensuring that your money and possessions go to those you wish, yet many of us never get around to writing one.

Our Make a Will campaign offers you the opportunity to write or update your Will with one of our incredible local solicitors or Will writers, who very kindly offer to write a standard Will, or update an existing one, in return for a donation to Phyllis Tuckwell.

Visit our website www.pth.org.uk/makeawill and book your appointment with the solicitor or Will writer of your choice from the list below.

The suggested donation is £300 for a single Will and £400 for Mirror Wills. There is no obligation to include a gift to us in your Will, but the solicitor/Will writer will be able to advise you on the tax effectiveness of gifts in Wills, and we hope that you will consider us.

Participating Solicitors



CLIFTON INGRAM
solicitors

makeawill@cliftoningram.co.uk
01252 733733



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SOLICITORS

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Find out
more!

Scan the QR code or visit
www.pth.org.uk/makeawill



Contact our legacy officer, Hannah Robins, on
01252 221783 or email hannah.robins@pth.org.uk

