

2021

Spring

Connections



Phyllis[®]
Tuckwell
Hospice Care
...because every
day is precious



Caring during Covid.
Patient stories.
Raising funds in 2021.

Welcome

It's hard to believe that it's already six months since our last edition of Connections, and a year since I joined Phyllis Tuckwell. So much has happened in that time.

As the UK, and indeed the world, has battled with Covid, **we have continued to adjust our ways of working to ensure that we are providing the best care we can in the safest environment** for our patients, families, staff and volunteers. From PPE and infection control, to video consultations and doorstep deliveries, we are doing everything we can to support our patients and their loved ones, and reassure them that they are not alone, despite the isolation that the lockdowns and tier restrictions have brought to many. Offering regular Covid tests to staff and volunteers, and identifying any positive individuals quickly, helped to reassure patients and their families of our determination to remain Covid-free, and we were pleased to then be able to roll out these tests to visitors too. **We're also continuing to work closely with our colleagues in the NHS,** providing support for them where we can.

Our staff have responded magnificently throughout the pandemic. Their resilience and determination to provide the best possible care they can has been inspiring and heart-warming. With some staff off sick, and others shielding or self-isolating, those who have been able to have covered their shifts, while many of our volunteers have extended their hours and taken on additional roles to cover for those who have not been able to help at the Hospice or Beacon Centre during the pandemic. I would like to offer my sincere thanks to all of you. With many of our frontline staff now having had the vaccine, we look forward to the protection that it will bring and anticipate staffing levels returning to normal.



As always, our patients and their families remain at the heart of all we do. You can read about how we have continued to offer our care, on pages 8 and 12, where Joe and Catherine tell their stories, and on page 9 you can hear from our Medical Director, Dr Cate, about providing care during the pandemic.

We wouldn't be able to do all of this without our wonderful community - thank you to you all. In this edition you can read about the virtual fundraising that our supporters have been taking part in, see what fundraising activities you can get involved with, and find out about the creative ways in which our wonderful Retail team has enabled us to continue selling the fantastic, quality second-hand items which have been donated to our shops.

I do hope that 2021 brings brighter times for us all and that, as the vaccine is rolled out, restrictions will ease and life will get back to normal for everyone. Thank you once again for your support, which is appreciated more than ever in these difficult times.

Sarah Church

Sarah Church (Chief Executive)

Contents

4 How Covid has Affected our Care



8 Joe's Story



9 A Day in the Life of...



14 Events Diary



10 Fundraising News



12 Catherine's Story



16 Our Shops



18 Make a Will Month



19 Our Corporates Thank You!



How Covid has Affected our Care

The Covid pandemic has completely changed the way we work - at the Hospice, Beacon Centre and in patients' homes. By adapting quickly to the ever-changing situation, we have been able to continue to provide our care in the safest and most effective ways, learning as the virus mutates and always trying to stay one step ahead.

On our In-Patient Unit (IPU), our staff and volunteers wear PPE for all patient contact and when working together. **We have learnt a great deal about the additional infection prevention and control requirements which are needed to manage the new variant of the virus, and have implemented changes**

as this learning has developed. Although visiting hours are restricted, we are pleased to still be able to welcome visitors to the IPU, as we know how important it is for families to spend precious time with loved ones in their final days.





Our Care at Home team is still visiting patients who have chosen to spend their last days at home, and are wearing PPE for all patient visits. Our Advice & Referral Team (ART) is also busy supporting patients, carers and local healthcare providers over the phone, providing much-appreciated advice and guidance.

The phone and video calls which our Living Well team have been making to patients and families have been greatly appreciated, bringing comfort and reassurance in these difficult times. Many of our patients are shielding and have not left their houses since last spring, so these calls are important in helping to ease the loneliness that this isolation can bring. **We have also continued with our doorstep deliveries of walking aids and other specialised equipment for those patients who need them, and at Christmas we were delighted to make a special festive delivery!** Thanks to the generous donations of local supporters, we put together 230 Christmas Cheer bags, containing a mug, tea, coffee and biscuits, helpful leaflets, complementary therapy oils and lotions, and a craft activity, which we delivered to all of our Living Well patients.



We firmly believe that we are all stronger when we work together, and we have been collaborating with other healthcare providers to ensure that we can jointly provide the best possible care for local patients and families.

We have worked with a local hospital and neighbouring hospice to ensure that patients who need an IPU bed receive it. Also, our Medical Director, Dr Cate, and one of our Senior Consultants, Dr Nick, have been working a few days a week in that hospice and hospital to assist patients in their care.

Our Education and Training team have continued to prioritise essential skills-based end of life care training and support to internal and external clinicians, and are in weekly contact with care home staff.

We have also supported Surrey Heath Clinical Commissioning Group (CCG) by loaning them equipment for their Flu Vaccination Drive-through Clinic at Blackbushe Airport, which ran from September to December 2020.

A number of our staff have been off ill with Covid, and others have been self-isolating, but many have now received their first Covid vaccination, which is great news. All of our staff have shown great resilience and determination to provide the best possible care throughout the pandemic. We are continuing to support them through clinical supervision, virtual coffee mornings, resilience training, wellbeing tips and regular communications across the organisation, to make sure everyone feels connected, no matter where they are working.

Between lockdowns, we have been able to re-open our shops and have held some fantastic virtual fundraising events, which have helped raise vital money to ensure that we can continue providing our care. We have also received additional Government funding through the hospice grant and furlough schemes, meaning that, together with using our reserves, we remain in a good financial state and are able to continue to provide the care that our patients and their families so desperately need.



We've been Nominated!

The Guildford & Waverley Integrated Care Partnership (G&WICP) – of which Phyllis Tuckwell is a key member - was recently announced as the regional winner of the Care and Compassion Award in the 2020 Parliamentary Awards, following a nomination by the Rt Hon Jeremy Hunt MP. The nomination recognised the swift response of the G&WICP's end of life care team during the pandemic, to ensure individuals and their loved ones continued to receive the best possible care and support, despite increasing pressure on local services. The overall national winners will be announced at an awards ceremony in Parliament on 7th July.

Volunteering during Covid

Sarajane, or SJ as she is known, has been volunteering at the Hospice for four years. "My first role was in Day Hospice," she says, "then I started helping on reception, and more recently as a Ward Clerk on the In-Patient Unit (IPU)."

Our Ward Clerks help by welcoming visitors to the IPU, answering phones and helping with admin. "I started by shadowing one of the full-time Ward Clerks, so I could learn about what support the nursing staff needed, and how I could help the Ward Clerks I was volunteering alongside," continues SJ. **"Volunteering is so rewarding. Even though the IPU visiting hours are restricted because of Covid, it's so nice to be able to welcome families who have come to see their loved ones. They are all really pleased that they are still able to visit, and we hear so many lovely comments from them, thanking us, and telling us how welcoming the IPU is. The support and thanks we've had from staff is also really lovely. We feel really appreciated, and very much part of the team. We're all having regular Covid tests too, which is very reassuring. Phyllis Tuckwell is doing so much - PPE, infection control**



and regular testing – it makes you feel very safe."

When the pandemic hit the UK, Government restrictions meant that many of our volunteers were unable to continue coming to the Hospice, which was frustrating for them and very sad for us. Many found other ways to support us through these difficult times, which we're really grateful for, and we can't wait until the restrictions ease and we can welcome them back to the Hospice and Beacon Centre again.



Joe's Story

Our Rainbow Project was one of the ways in which we tried to combat the isolation that the Covid lockdowns and restrictions brought to many. Run by our Living Well team, it helped patients rediscover their creativity and reconnect with staff and each other.

Each patient was given six pieces of card, each one a different colour and with its own theme, and was asked to create something on that subject. Joe, a keen photographer, was pleased to be able to share some of his photos through the project.

“When I heard about the Rainbow Project, I jumped at the chance to take part,” he says. *“We could use anything we wanted – drawings, photos, poems. I chose photos. I love photography, so the thought of doing this and sharing it with other people really appealed to me.*

For the colour red, which symbolised love, I found a photo that I'd taken of my wife and our two sons. I cut round it and stuck it on a heart-shaped box.

For orange, which was memories, I used a photo which I had taken when the Parachute Regiment left Aldershot. They had held a leaving parade and they had a horse with regimental colours on it.

Yellow symbolised relationships, and I took two photos for this, one of my granddaughter holding a rainbow-coloured umbrella, and one



of her best friend holding a unicorn with a rainbow on it.

Green was nature, and so I used a photo which I had taken at five o'clock one morning, of some foxes in my garden.

Blue was places, and I chose a photo I had taken of a TV report on the fire at Windsor Castle, a few years ago.

For purple, music, I used another photo I had taken of a TV report, this time of a bugler playing the Last Post, in Ypres in Belgium.

*We did one colour each week, and once we'd finished them all we sent them back to Phyllis Tuckwell. They laid them all out in a massive rainbow - it looked really good! I thoroughly enjoyed the project, seeing what everyone had done for each colour, and how we all had different ideas for the different subjects. **I've been missing coming to Day Hospice sessions and seeing people there, so the project helped me to feel part of that group again.***





A Day in the Life of... a Doctor

Dr Cate, our Medical Director, along with other senior clinical colleagues, has been at the forefront of the changes that we've made on our In-Patient Unit (IPU) to ensure that our patients and staff are all kept as safe as possible during the pandemic.

The first thing that strikes you as you walk into our IPU is the PPE that we're all wearing. We started wearing it as soon as the pandemic crossed to the UK. Although it reduces the risk of staff catching or transferring Covid, it does physically distance us from our patients. We've lost the sense of touch, which is so important. We can still hold patients' hands, but wearing gloves, with a face mask, and a visor over our eyes, that contact just isn't the same as it was.

*It's not the kind of palliative care we want to provide; we've lost some of the emotional element. Spending time with loved ones is so important, especially in someone's precious last days of life, so having to restrict our IPU visiting hours is heart-breaking. But we're holding on to the fact that at least families can still visit. **We've also been creative in finding other ways to keep that emotional link, helping patients to phone and video call their families, reading out letters that loved ones have sent to patients, and sitting with patients when their loved ones can't be there.***

We've had to reduce the number of patients we can accept onto the IPU to ensure that we can maintain infection control procedures, and we're using our single rooms for those

*who are Covid-positive. We think about Covid all the time – not just when we're putting on PPE or washing our hands, but when we're diagnosing patients, taking swabs, considering which patients need to be isolated because they have tested positive or are awaiting test results. **We're constantly trying to keep everyone safe.***

*We've always worked closely with other healthcare providers, to provide the best care for patients, but we're doing so even more now. I spend two days a week helping at another local hospice, while my colleague Dr Nick has been working at an NHS hospital three days a week. **Our Community team, who visit patients at home, have been co-ordinating their visits with other healthcare providers so that one set of professionals delivers all of the care that patient needs, reducing the number of people going to each patient's house.** We've continued to work closely with local hospitals too, and are trying to lighten the load on local GPs wherever we can.*

Like everyone else, I'm hoping that this year will be a brighter one than 2020. With the roll-out of the vaccine, people will start to get some protection from the virus and hopefully we'll be able to ease some of the restrictions we have had to put in place.

Fundraising News

We've had to cancel or postpone many of our fundraising activities due to Covid, so we're thrilled that some of our best-loved events could still go ahead this year. Thank you to everyone who took part.

Lighting up Guildford Cathedral

As Covid restrictions prevented us from holding our usual Light up a Life service, we held an alternative service outside Guildford Cathedral, livestreaming it so that all who wanted to could watch it from the comfort and safety of their own homes.

The service was held on the evening of Monday 7th December, and included readings, prayers and a beautiful rendition of 'Silent Night' sung by 15 year old chorister Ruby Skilbeck, a finalist in the BBC's Young Chorister of the Year 2020. We projected a giant Christmas tree onto the cathedral, along with the names of those who were being remembered, and during the service we switched on the tree's lights in memory of all those who are sadly no longer with us.

Our thanks go to Guildford Cathedral for hosting the event, and to Ruby for very kindly singing for us. The service was recorded, and can be viewed at www.pth.org.uk/lualservice2020. You can also can visit www.pth.org.uk/luai where you can dedicate a light on our virtual night sky in memory of a loved one.



Santa Fun Runs

Over 220 people took part in our virtual Santa Fun Runs on 12th and 13th December, walking, jogging or running their own route alone or in their bubbles of up to six, and raising **over £20,000 in total!** The support they received was overwhelming, with cars tooting as they drove past and some runners even being stopped on route and given donations by strangers! Thank you all!

Reindeer and Elf Runs

Well done and thank you to all the schools who took part in our Reindeer and Elf Runs in December. **Over 7,700 pupils from 34 schools and nurseries** across West Surrey and North East Hampshire put on reindeer antlers or elf hats, and ran laps of their school playgrounds or playing fields to raise money for us. Your fabulous festive running, galloping and trotting has raised **a huge total of over £85,000!**



Twin Fundraising

12 year-old twins Amelie and Eloise raised **an incredible £1,510** for PTHC, by taking on their own challenges at home. Amelie climbed the height of Mount Everest (8,850m) on the stairs at home. It took her four weeks, and she averaged 126 flights or 1,764 steps a day! And Eloise scored a netball goal for every metre that Amelie climbed over that time, averaging 317 goals a day!



Festive Lights



Thank you to everyone who supported our Christmas Lights Tour. This festive journey included some of the best home festive light displays in the area, with twinkling fairy lights, sparkling Santas and shimmering stars, and raised **a total of almost £7,000!**

Christmas Appeal

Our 2020 Christmas Appeal raised **£59,000**, and we also took part in The Big Give's Christmas campaign, which raised an additional £15,000 for PTHC! **This amazing total of £74,000** is enough to fund our Care at Home team, including Hospice Care at Home, for over a week. Covering the whole of West Surrey and part of North East Hampshire, our Care at Home team visits patients who prefer to remain at home, and has been particularly important during the pandemic. A huge thank you to everyone who donated!



Catherine's Story

“Robert was a fit, healthy 70 year old who still ran his own business,” says his wife, Catherine. “The first sign we had that something was wrong was that he started looking quite jaundiced. His GP referred him for some scans, and we were told that they had discovered shadows on his pancreas, liver, stomach and bones, and that it was likely to be cancer.”

Robert was diagnosed with advanced pancreatic cancer, and advised that he had a life expectancy of weeks.

“The cancer was so far advanced that there was nothing they could do for him,” says Catherine. “He was discharged and referred to Phyllis Tuckwell. He was still completely mobile when he came home, but after two days he suddenly couldn’t get out of his armchair. I called an ambulance, and when the crew arrived they suggested taking him back to hospital, but he didn’t want to go, so they helped him into bed instead.”

“The next morning, one of the nurses from Phyllis Tuckwell’s Hospice Care at Home (HCAH) team called us, and later that day two HCAH Nurses visited.



I couldn’t believe the speed of response and level of care that we received! Robert was determined not to go back into hospital - he wanted to be at home, and I wanted him to be wherever he was happiest. But I wasn’t able to do it all on my own. ***The HCAH team were fantastic.*** They submitted a fast-track application to the NHS for Robert to receive carer support. It came through very quickly, but in the few days that we were waiting they visited us morning, afternoon and evening. Because of the pandemic, they had to wear PPE, but it wasn’t a barrier. The care was still

the same. I was just sad that I couldn’t offer any of them a cup of tea!”

Once the care package was in place, the HCAH team reduced the frequency of their visits, but still called Catherine every evening to check that everything was ok. *“I also knew that I could call them at any time if I needed to,”* says Catherine. ***“From the moment we were referred, I felt so well supported by them. I couldn’t have done it without them.*** It wasn’t just the physical support, it was the mental and emotional support too. ***Because of them, I knew I wasn’t on my own.*** When they visited, they would always check that I was looking after myself. ***They cared for me as an individual person. It felt like they were part of the family.*** They knew all the cats’ names too! We have three rescue cats, Gary, Treacle and Squiggle, and the team really loved them! Remembering the cats’ names doesn’t sound like a big thing, but little touches like that mean a lot.”

“The HCAH team also helped me to look ahead to Robert’s death,” says Catherine. *“They made me aware of preparations I would have to make and gave me practical advice. **Having somebody that I could talk to about what was going to happen, who would talk to me honestly about it, was so important.*** They helped me to understand what was coming and to be as prepared for it as I could be.”

“I think people associate Hospice Care with a negative outcome, but providing care for terminally ill people and ensuring that they are able to die with dignity, well I don’t think there’s anything better you can do for somebody. If someone can die where they want to be, then to give them that is fantastic.”

“We received so much support from Phyllis Tuckwell – more than we could possibly have expected.”



Events Diary

Take to the Skies!

If lockdown has left you yearning to get out of the house, then why not try one of our ultimate outdoor activities? Choose from a skydive, wing walk or abseil, and you'll see the sky really is the limit!

We're holding two Skydive days this year, on Saturday 19th June and Sunday 12th September.

Taking place at the UK's largest skydiving drop zone, in Netheravon, Salisbury, they're run by the Army Parachute Association, who will provide you with an in-depth training session before attaching you to one of their experienced tandem instructors for the jump. At 12,000 feet you'll leave the plane behind you, experiencing freefall speeds in excess of 120mph before your instructor deploys the parachute for your gentle descent to the landing zone.



Our sponsored Wing Walk will see you strapped to the top of a biplane and flying at speeds of up to 130mph, taking on thrilling flypasts and steep dives that you'll never forget! This unmissable opportunity will take place on **Wednesday 30th June** at Rendcomb Airfield in Gloucestershire.

Prefer something a bit more hands on? **You'll be in control of your descent with the Spinnaker Tower Abseil on Sunday 26th September.** On a clear day you'll enjoy breathtaking views of over 20 miles across Portsmouth Harbour and the Solent, before abseiling 100 metres down this iconic building.

You can find out more and register for any of these events by visiting www.pth.org.uk/events, emailing fundraising@pth.org.uk or calling 01252 729446.

Walk for the Wards

We're hoping that we'll be able to hold our Walk for the Wards event this summer, but we won't know until nearer the time, as it depends on the Covid situation.

This annual sponsored walk is one of our most popular events, and one that the local community has supported us in for many years now. **Held at a local beauty spot, it offers walkers the choice of a five or ten mile route,** which many complete with friends, family and often their pet dogs too, making it a wonderful day out for all in the beautiful Surrey countryside.

If we are able to hold the event, walkers' start times will be staggered to ensure that it remains socially-distanced and Covid-safe. However, if we cannot, then we will be sure to hold it virtually, so you can still take part by walking around your own local beauty spot, with those in your bubble!

We'll keep our website up-to-date, so you'll be able to find out nearer the time whether it will be at a nearby location or if we'll be launching a virtual version. Wherever it is held, we hope you'll join us, and show your support for all our staff and volunteers who have continued providing such vital care in these difficult times.

APRIL

Make a Will Month

A chance to make or review your Will.
www.pth.org.uk/makeawillmonth

Easter Virtual Balloon Race

Sunday 4th

Midday, Jerusalem Old City

JUNE

Skydive

Saturday 19th

Netheravon, Salisbury

Registration £50, minimum sponsorship £450.

Wing Walk

Wednesday 30th

Rendcomb Airfield, Gloucestershire

Registration £50, minimum sponsorship £900.



To register or for further information
on any of these events:

www.pth.org.uk 01252 729446
fundraising@pth.org.uk

We're hoping to add in more events as the Covid situation improves and restrictions ease, so keep an eye on our website for the latest news. Just visit www.pth.org.uk/events for the most up-to-date info on all the events and activities we'll be organising this year.

SEPTEMBER

Skydive

Sunday 12th

Netheravon, Salisbury

Registration £50, minimum sponsorship £450.

Firewalk

Sunday 19th

Location TBC

Registration £30, minimum sponsorship £100.
A firewalk isn't just about walking over hot coals, it's about feeling empowered to do something you wouldn't normally do. We don't know what the Covid situation will be in September, but please be assured that this event can be held with social distancing, and that we'll be adhering to government guidance at the time.

Spinnaker Tower Abseil

Sunday 26th

Registration £30, minimum sponsorship £250.

Hankley Common Golf Day

Wednesday 29th

Save the Date! Contact us to reserve a place for your team.

OCTOBER

Virgin London Marathon

Sunday 3rd

We've secured a number of places in the Virtual London Marathon, so if you'd like to take part in aid of Phyllis Tuckwell, please get in touch with us. The virtual marathon will take place on Sunday 3rd October - the same date as the marathon in London - but you'll have a 24-hour window to complete your 26.2 miles. Every virtual runner will receive an official Virgin London Marathon Finisher medal and t-shirt. And if you've been fortunate enough to secure a place in the traditional marathon taking place in London, and would like to join our PTHC team, please do get in touch as we would love to hear from you.

Our Shops

The Covid pandemic has not only changed the way we care for our patients, it's also changed the way we raise money to fund our care. And just as our Clinical teams have adapted, so has our Retail team!

The lockdowns of 2020 and 2021 sadly meant that we had to temporarily close our shops, but **we've been busy finding ways for you to browse and buy from our fantastic stock online!** There's so much available, from unique quality clothes and collectables, to homeware, furniture and much, much more! So make yourself a cuppa, put your feet up, and take a look at what we've got on sale

- from the comfort of your sofa! Our online shops are updated daily, so don't forget to keep checking to see the latest items on offer, by visiting: www.pth.org.uk/phyllis-tuckwellshops/online-ebay.

#SUPPORTPTHC

eBay – Phyllis Tuckwell Hospice Care Shop

We've got hundreds of items for sale on our main eBay site, so if you're looking for DVDs or vinyl, or are after games, puzzles or even wool for knitting, to keep you and the family busy at home, then look no further. We've also got a great range of collectables, so why not treat yourself!



Tuckwell's Treasure

Our Tuckwell's Treasure eBay site has a wide range of men's, women's and children's clothes, shoes and accessories - all in amazing condition. From Mint Velvet to Marks & Spencer's, Cath Kidston to Clarks, Phase Eight to Primark, you're bound to find something to suit your style, and they are just a 'click' away.



depop

For those of you who like to be 'on-trend', our Depop site sells pre-loved streetwear, classic staples and unique statement fashion. Definitely one to take a look at!



Facebook Marketplace

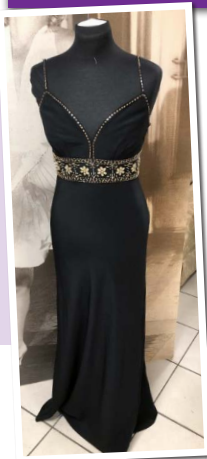
Even though our Showroom is currently closed, we're still selling furniture online, through Facebook Marketplace.

Follow us at '**Phyllis Tuckwell Hospice Care Retail Shops**' on Facebook to keep an eye on what's for sale. We've got everything from bookshelves, tables and chairs, to sofas and sideboards. As well as our fantastic second-hand furniture, we also have some stunning reupholstered items to brighten your home.



Vinted

If you're after classic, vintage or unique items that aren't often found on the high street, then take a look at our Vinted shop.



We can't wait until we can welcome you back to our shops, and as soon as we can, we'll be re-opening our doors. We're also looking forward to re-opening our Donation Centre so that we can start accepting the fantastic items that our community so generously donates to us, and which help us keep our shops full of amazing items for us to sell. **We'll keep you updated on our Facebook, Twitter and Instagram pages.**



Make a Will Month

Writing your Will and keeping it up-to-date are two of the most important things you can do, ensuring that, in the event of your death, your estate will go to the people and causes that matter the most to you. Without a Will, the law will decide what happens to your estate when you die.

Many people choose to leave a gift in their Will to a charity which is close to their heart. If you are able to leave a legacy to Phyllis Tuckwell, no matter what the amount, it will help us to continue providing our care for generations to come.

April is our Make a Will Month, when local solicitors will be offering a professional Covid-secure consultation and a new

Gifts in Wills fund the care of 1 in 5 of our patients – that's 400 patients a year.

standard Will or an updated Will, in return for a donation to Phyllis Tuckwell. A list of all those taking part can be found at www.pth.org.uk/makeawillmonth. Simply choose a solicitor from the list and contact them to book an appointment.

By making a Will, you can look after your family and help the causes you care about - and with that peace of mind you can relax and get on with enjoying life.

If you have any questions or would like to chat confidentially to our Legacy Officer, **Hannah Robins**, please call **01252 729446** or email hannah.robins@pth.org.uk.

“Phyllis Tuckwell cared for my dad, so we knew just what a special place it was. We both wanted to leave a gift in our Wills to thank them for all they had done for our family, and ensure that they could continue to provide this care for many years to come.” Tina and her husband Alby

Our Corporates

2020 was a hard year for many of our corporate partners, so we would like to say an extra big thank you for the support you gave us, through fundraising, sponsorship, gifts in kind and donations. You really have been amazing.

Branston Adams

Although Paul 'Santa' Adams, of accountants Branston Adams, and his elves weren't able to make their usual visit to the Hospice, they still collected presents generously donated by local Farnham businesses, which we then gave out to our patients. Thank you Santa and everyone who contributed gifts.



QINETIQ

A huge thank you to QinetiQ who donated their £7,500 Christmas party budget to Phyllis Tuckwell after staff were unable to get together for their traditional Mince Pie Mingle in December. We're looking forward to seeing everyone for a mince pie next Christmas!

There are many ways your business can support Phyllis Tuckwell.

Call Nick Adams or Tom Enser on 01252 729400, or email nick.adams@pth.org.uk or tom.enser@pth.org.uk for more information.

Thank You!

We'd like to say a huge thank you to our amazing Housekeeping team, who have been working so hard throughout the pandemic to keep our Hospice as Covid-safe as possible.

Our Housekeeping team always keep the Hospice and Beacon Centre incredibly clean, but they've been working even harder during the pandemic. From cleaning beds, chairs, door handles, switches and toilets, to wiping down windowsills, surfaces, sinks and fridges, they've kept everything sparkling and safe. Thank you all for your hard work!



Tuckwell Chase Lottery

Supporting local hospice care

Just
£1
per week

A chance to win,
a chance to care

LOTTERY

Every Friday a lucky member

WINS £1000

also 102 other prizes to win

Join Now

Call the lottery office on
01252 728411 or visit our
website tclottery.org.uk/PTH

Tuckwell Chase Lottery is jointly owned by

Phyllis Tuckwell[®]
Hospice Care

 **Shooting Star**
Children's Hospices

Playing the lottery is another
great way to support your
local hospice care

 Registered with
FUNDRAISING
REGULATOR

gambleaware.co.uk

18+

Tuckwell Chase Lottery is licensed by the
Gambling Commission under the 2005 Gambling Act
www.gamblingcommission.co.uk