

2022

Autumn

Connections



Phyllis®
Tuckwell
Hospice Care
...because every
day is precious



Celebrating our Differences.
Patient Stories.
Looking to the Future.

Welcome

I'm delighted to welcome you to the autumn 2022 edition of our **Connections** magazine.

As the difficulties and uncertainty that the pandemic brought with it continue to fade, we are so pleased to have been able to **completely re-open our facilities to patients and their loved ones, with face-to-face appointments and group sessions now in full swing, and visitors able to spend much more time at their loved ones' bedsides** on our In-Patient Unit. We have also been able to look to the future, to ensure that we are able to meet the needs of our changing community now and in years to come, and support our staff and volunteers as they continue to provide our vital, compassionate care.

I am proud that Phyllis Tuckwell is such a diverse and inclusive organisation, and we embrace and value the different cultures, lifestyles and circumstances of all of our patients, families, carers, staff and volunteers.

We are committed to making sure our services and support are accessible to all, and are delivered in a way that respects the needs of each individual and does not exclude anyone. You can read more about our Equality, Diversity & Inclusivity approach on page 8.

As always, our patients and their loved ones tell our story better than we ever could, and I would like to draw your attention to Nigel's story on page 6, and Amy's on page 10. Amy took part in our annual Walk for the Wards, after we cared for her mum. Walk for the Wards is one of my favourite events, simply because it is so wonderful to see so many of our supporters enjoying the beautiful local countryside and each other's company, particularly after the isolation which the pandemic brought to many.



Our Fundraising team has been hard at work re-instigating many of our best-loved activities and events, and helping our wonderful supporters as they brave mountain climbs, marathons and more to raise money for us. You can read about them on pages 12 & 13. Our Corporate supporters have also been amazing, as always, with Bridges Estate Agents raising over £100,000 for us over the last six years!

Our shops have fully re-opened now and have an amazing range of stock, from clothing and accessories to books and games, and even furniture. And with our online offering continuing to expand, you can carry on indulging in retail therapy even once the shops have shut for the day!

Happy reading!

Sarah Church
Sarah Church (Chief Executive)

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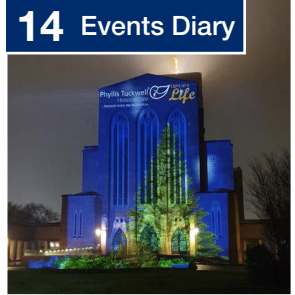


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Latest News

Living Well

Our Living Well service supports patients and families who need help managing everyday life, and our new Living Well with Illness and Creative programmes are proving popular! Each runs over eight weeks and offers a two-hour weekly group session on a specific topic, such as fatigue, anxiety, culinary therapy or mindfulness through clay. Patients can also chat with each other and speak to our clinicians. You can read more about these sessions on page 6.

Six children and their teachers from Frensham Heights School paid a visit to one of our Living Well sessions, to sing and play music to our patients. They had all prepared a piece to perform, which included pop songs, classical pieces and tracks from musicals. The patients loved listening to the performances, which drew a few tears at times, and the afternoon was so well received that more are planned for the future.



Ten of our patients came along to our Pamper Day, to enjoy complementary therapies, manicures, pedicures, haircuts from a visiting hairdresser and a three-course lunch with wine. Taking some time out to enjoy activities such as this is really important for patients' wellbeing. It boosts self-esteem, eases tension and enables patients to form friendships with and support each other. The day was so successful that we are planning more!



Hospice Care at Home (HCAH)

We recently trialed a Rapid Response pilot, which enabled our HCAH team - who care for patients who have chosen to die at home - to respond to 75% of patients who needed extra support, within two hours.

The remaining 25% were triaged and seen within 48 hours. This meant that these people did not need to be transferred to hospital and were able to remain at home, where they wanted to be.



Caring for Carers

We have recently launched a seven-week programme to support the carers of our patients. Sessions take place weekly over video call, and include information and advice on topics such as local resources available to carers, coping strategies and planning for the future. Carers can meet and chat with each other, and discuss any issues which they might be facing.



Bereavement Support

We offer bereavement support to the relatives of our patients, and many find our **First Steps and Second Steps groups helpful**. Led by two experienced counsellors from our Patient & Family Support team, the groups help those attending to understand their grief and identify what may help them. The group format includes up to ten people and can be particularly helpful for those who are feeling isolated or alone. ***“You provided the tools and techniques that enabled me to look forward, without dismissing the past,”*** said one of our bereaved relatives. ***“I learnt to appreciate life, albeit different without her, but to plan ahead and not allow my grief to define me. I gained strength from this and courage to take on new challenges.”***

first STEPS

second STEPS



Nigel's Story

Nigel is just one of our Living Well patients who is enjoying our new programmes.

"I love going to the Hospice, it's an oasis," he smiled. ***"It's a warm safe place with wonderful people. I can't praise it highly enough. The sessions are a really important part of my week.*** The Living Well with Fatigue session was really helpful. I've got advanced cancer, but I don't look ill. So when I get tired, I feel I shouldn't be. The session on fatigue gave me permission to be tired. We were given tips on how to pace yourself and preserve energy."

Nigel has also benefitted from massages from our complementary therapists, to relax his muscles and ease tension, and has been coming to our art group, Artscape, which is held on Monday afternoons.

"Artscape is brilliant. I love working with the watercolours. I sat next to one man there and he was very easy to talk to; we got on well. The volunteers are good too, they bring people together. It's nice to be with people who have got mutual experiences.

You can walk up and down too, and look at each other's paintings."

"The whole Living Well team is fantastic. They keep tabs on you and make sure you're ok. I feel connected; I know there is somewhere I can go for advice. It's all about setting realistic goals. The cancer doesn't have to stop you. You might have to limit your ambitions a bit, but you can still get the benefit of doing the things you love."

"When you're first referred, you hear the word 'hospice' and you think 'you go there to die', but actually it's not just end of life, it's about living. It's about enabling people as much as possible to get the most out of the abilities they've got and preserving their independence."

Education & Training

We are committed to keeping our staff up-to-date with the latest teaching in end of life care, and are passionate about supporting other local healthcare providers to do the same. Our Education team organises and delivers internal training sessions to our staff, and external training sessions to staff from other health and social care providers, such as care homes.

From April 2021 to March 2022...

There were
2,513
staff
attendances
at our
training
sessions

1,279 PT staff attendances

1,234 attendances
from other local health
and social care providers

staff from **55** local care homes

We ran sessions for Phyllis Tuckwell staff on topics including:

- **deaf awareness**
- **dementia training**
- **symptom management for patients at home**

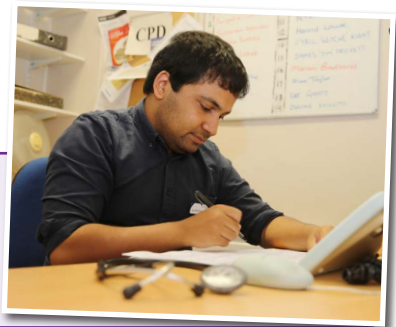
Over 60 students

chose to come to us for their placements

and we have agreements in place with four Higher Education Institutions to receive their students for practice placements across a range of professions.

We welcomed 4th year medical students from St George's University of London back to the Hospice for the first time since the pandemic.

Two students attend the Hospice every six weeks to gain experience in hospice care as part of their degree.



We developed and rolled out a quarterly clinical risk management training programme that includes topics such as falls, infection prevention & control, and medicine management.

550 people attended our ReSPECT training (Recommended Summary Plan for Emergency Care and Treatment) which enables patients to outline how they would like to be cared for if in the future they are unable to make or express their preferences.

ReSPECT



Celebrating our Differences

We believe that it's our differences that make us who we are, and that those differences should be celebrated and cherished!

All of our patients, families, carers, staff and volunteers are unique individuals, with diverse cultures, lifestyles and circumstances – and we recognise and respect those differences and diversities, as well as seeing the commonalities we share.

We're firmly committed to caring for as many people as we can, providing support which is integrated with the care that they receive from other healthcare providers, such as their GPs, NHS community nurses, therapists and hospital staff. We provide accessible services and support, delivered in a way that respects

the needs of each individual and does not exclude anyone.

As well as building the care we provide on our beliefs of fairness, equality and inclusivity, we also aim to be a diverse and inclusive employer.

Each of us has a unique background, experience, set of beliefs and view of the world, and by acknowledging and celebrating this we can embrace that myriad of wonderful differences to weave a beautiful unity which includes us all.

A Day in the Life of... a Clinical Administration Team Lead

Maria is one of the Leads in our Clinical Administration team. She works at both the Beacon Centre, supporting our Hospice Care at Home (HCAH) team, and the Hospice, on our Advice & Referral Team (ART).

I get a real sense of purpose from my job and find it very rewarding. I

joined the team in 2017, as ART was being established, and was involved in its initial development. I now also work with our HCAH team, who care for patients who have chosen to

*die at home. The team is based at the Beacon Centre and I really enjoy working there. **We all support each other and I love being part of such a friendly team.***

As well as the day-to-day management of the team, I support all team members individually through 1:1s and appraisals, and also interview and train new staff. I manage the rota to ensure that we have enough staff across both sites to support our clinical colleagues on the In-Patient Unit, and in Living Well, HCAH and therapies. Telephone support is a vital part of my role and I am often the first person that our patients, relatives and carers speak to when they ring us for support.



I'm really passionate about ensuring that they all receive high-quality care every time they contact us, in all of the support we provide.

*Along with millions of other Muslims, I observed Ramadan in April. Ramadan is a really special time for Muslims; to me, it is a time of reflection which enables me to connect more deeply with my faith. I found it really heart-warming that the Pastoral Care team at Phyllis Tuckwell had created a display to explain it to other staff who might not know much about it. They had also put a page about Ramadan on our intranet, and asked me if I would like to write something about what the festival and Eid, which follows it, mean to me. During Ramadan, from dawn to sunset, Muslims abstain from all forms of food and drink (including water). **Everyone was so supportive and considerate, and made it easier for me by making slight adjustments to my working pattern, and I really appreciated it.** Ramadan tests both my discipline and my faith, because my work colleagues all know that I will often talk about what I'm going to have for lunch at 9am! It isn't just about giving up food and drink though - it's about emptying your stomach to feed your soul. For me, it's a time to reflect and be grateful for all the blessings I have been given.*

Why I Walk for the Wards

It was so wonderful to see so many of our supporters at our hugely popular Walk for the Wards this summer!

The walk started from Waverley Abbey School and walkers could choose either a 5 or 10 mile route, both of which followed paths through the beautiful Surrey countryside around the picturesque village of Tilford. Many people walked with family, friends or work colleagues. And at the end, all of those who took part were rewarded with a free ice-cream.

One of those who took part in the walk was Amy, whose mum Sue we cared for on our In-Patient Unit (IPU).



“Phyllis Tuckwell really changed our lives, at an

incredibly difficult time,” said Amy. “Mum was admitted to the Hospice’s IPU in 2018. She had originally wanted to stay at home, but she changed her mind because she was in a lot of discomfort and my dad was caring for her around the clock. Before the nurse’s visit we would never have considered moving Mum to a hospice, but the reassurance the nurse gave us made us realise that it was the best thing we could do in Mum’s final days. **The care she received there was absolutely incredible; they couldn’t have made her more comfortable. The nurses were there for us too, to support and look after us when we felt helpless and upset.** We were also allowed to bring in our dog, Lola, to spend the last few days with Mum. Having her there was a great comfort to Mum, and made her smile even though she was so ill.”

*“I was only 19 at the time, and the nurses were very caring towards me. **They took time to have several private conversations with me, to ask me how I was feeling and talk me through what would happen in Mum’s last stage of life, so I knew what to expect.** In Mum’s final moments, one of the nurses sat with us and stroked Mum’s head, and then gave us her condolences. I will never forget that moment. After Mum died, the nurses dressed her in her favourite pyjamas, placed a rose by her head and let us spend some time with her alone. We were able to stay at the Hospice that night too, with Lola, and then see Mum once again in the morning, in the Chapel of Rest. Having that closure was important to us, to see her at peace.”*

*“In the months following Mum’s death we were offered bereavement support which again was incredible. **We’ve kept in touch with the staff at the Hospice, and they’ve invited us to events since Mum died, which really made us feel cared for.**”*

“The staff had Mum’s best intentions in mind all the way through her illness, right to the very end, and that is something I’ll always be grateful for. Because of them, she wasn’t in pain in her last days. The care that they provided for her and for all of us is the reason why I took part in Walk for the Wards, and I will continue to raise money for Phyllis Tuckwell at every possible opportunity.”

Our thanks go to Spire Clare Park Hospital for sponsoring this year’s event, everyone who took part, all those who sponsored them, and all the volunteers who helped on the day, without whom Walk for the Wards simply wouldn’t be possible.



“Before the nurse’s visit we would never have considered moving Mum to a hospice, but the reassurance the nurses gave us made us realise that it was the best thing we could do in Mum’s final days.”

Fundraising News

With Covid restrictions easing, our supporters haven't lost any time in organising some amazing fundraising activities. We're thrilled to be able to hold our group fundraising events again too, and see you all face-to-face once more!

Challenge Yourself!

To raise money for us in memory of his wife Janey, who we cared for, Steve Radcliffe is taking on an incredible 13 challenges in just six months, and is hoping to raise a huge £10,000. **From April to September, Steve will complete seven running races, two triathlons, a swimming race, a bike race and a 26.5 mile walk, and will top it off in October by scaling Mount Kilimanjaro!**

Seven year-old schoolboy Leo Falconer celebrated his last year at Tweseldown Infant School by taking on the Three Peaks Challenge, and raised over £800, smashing his target of £500. Leo's parents Dan and Lindsey both completed the climbs with him, which totalled over 25 miles. ***"I thought it would be a great idea to help people by raising money for hospice care, and also I thought it would be fun to do,"*** said Leo.

Nine year old Flo had her long hair cut into a short bob to raise money for us. ***"I wanted to take on this challenge because I know many people who have died because of cancer and I wanted to help,"*** she said. ***"Mum and I set up a fundraising page and we told friends and family, and in a day we had raised over £200. I feel really excited because of the great things this money will do."*** Thank you Flo!

Do you fancy taking on a challenge? Visit www.pth.org.uk/take-a-challenge to find out more.



Green-fingered Fundraising



Our summer of Open Gardens included 14 beautiful gardens across Surrey and Hampshire. Some were smaller cottage gardens with winding paths and ornamental ponds, while others were larger, with orchards, streams and a wildflower meadow. Many sold refreshments and plants, and one also offered a prize tombola. **Overall, they raised over £9,000!** Thank you to all involved. If you would like to take part in our Open Gardens event in 2023, please call us on **01252 729446** or email **fundraising@pth.org.uk**



Could You Take on a Superhero Style Zipline?

Fly through the sky on England's longest zipline with our newest sponsored event! Suspended 100 metres off the ground, you'll cruise 724 metres at a cool 60mph in approximately 45 seconds.

Our zipline day will take place on Saturday 11th March 2023, at Hangloose Adventure in Bluewater, Kent.

Registration is £30 (or £100 if four people register together) with a minimum sponsorship of £100 per person.

Sign up now at: www.pth.org.uk/zipline



Christmas Lights Tour

Tuckwell's Christmas Lights Tour returns in December and we're looking for homeowners with amazing Christmas light displays to join our local tour map and help us raise vital funds. If your Christmas lights are a sight to be seen, get in touch on **01252 729446** or email **fundraising@pth.org.uk** for more information about joining the tour.

And the Winner is...

As our thoughts turn to Christmas, we're on the lookout for any prizes which we could use in our auctions and raffles. If you have any unwanted gifts, tickets to events, signed items, money-can't-buy experiences, or even a week in a holiday home, which you would be happy to donate to us, we'd love to hear from you.

To sign up for any of our forthcoming events, please visit www.pth.org.uk/events, email fundraising@pth.org.uk or call **01252 729446**.

Events Diary

SEPTEMBER

Monthly Plant Sale

Sunday 4th

Phyllis Tuckwell Hospice, 10am – 1pm
Hundreds of plants at bargain prices.

The Great Godalming Duck Race*

Saturday 10th

Phillips Memorial Park, 11am - 4pm
A fun day with stalls, a fun fair, crafts, food and more, and also a chance to win fantastic prizes.

Thames Path Challenge*

Saturday 10th - Sunday 11th

A 25, 50 or 100km route all the way to Henley along the famous Thames Towpath. Sign up via Action Challenge & get sponsored for PT!

Skydive

Saturday 17th

Netheravon, Salisbury
Registration £50, minimum sponsorship £450.

Spinnaker Tower Abseil

Sunday 18th

Only 4 spaces left! Registration £30, minimum sponsorship £250.

Farnborough Flyer Sportive*

Sunday 18th

A choice of 22, 52 or 82 mile scenic routes. Register via British Cycling and support PT.

Scarecrow & Harvest Festival*

Friday 23rd - Sunday 25th

St Thomas-on-The Bourne Church
Free entry. See over 50 scarecrows in the church grounds with stalls & refreshments.

Hankley Common Golf Day

Wednesday 28th

FULLY BOOKED. Contact us to take part in 2023.

OCTOBER

Sign up for Tuckwell's Christmas Lights Tour

Email fundraising@pth.org.uk for more information.

TCS London Marathon

Sunday 2nd

If you have a ballot place, please consider running for Phyllis Tuckwell - get in touch to find out more.

Final Monthly Plant Sale of 2022

Sunday 2nd

Phyllis Tuckwell Hospice, 10am – 1pm

Hundreds of plants at bargain prices.



NOVEMBER

Football World Cup Sweepstake

Could your workplace host a sweepstake in aid of PT? Request your free Football World Cup Sweepstake pack today: corporate@pth.org.uk.

Crondall Christmas Fair*

Monday 7th and Tuesday 8th

Crondall Christmas Fair is back for 2022, save the date and check out our website nearer the time for more details.

Online Christmas Auction

25th November - 9th December

Make a bid online for some fantastic experiences and prizes – the perfect way to treat someone this Christmas! If you have any prizes, tickets, experiences or vouchers you could donate to this auction, we would love to hear from you. 100% of funds raised go to Phyllis Tuckwell.

DECEMBER

Tuckwell's Christmas Lights Tour

Throughout December

Keep an eye out for our Tour map, launching on our website at the end of November.

Letters from Santa

PT will be taking orders until Friday 16th December for special personalised letters sent directly to your door. Keep an eye on www.pth.org.uk/events for more information.

Light up a Life - Service of Remembrance

Sunday 8th

Phyllis Tuckwell Hospice, 5.30pm

Light up a Life - Guildford Cathedral Projection

Thursday 8th

Guildford Cathedral, 6.30-10pm



Santa Fun Run

Sunday 11th

Wavell School, Farnborough, 11am
Registration opens 1st October.

Virtual Christmas Balloon Race

Sunday 25th

Santa's Village, Lapland
£3 per virtual balloon, available mid December from www.pth.org.uk/events.

SAVE THE DATES

Zipline Challenge - NEW

Saturday 11th March 2023

Bluewater, Kent

Zoom down England's longest Zipline.
Registration - Individuals: £30, Groups of 4: £100, minimum sponsorship £100 each.

Skydive

Saturday 25th March 2023

Netheravon, Salisbury

Registration £50, minimum sponsorship £450.

TCS London Marathon

Sunday 23rd April 2023

If you would like to run for Phyllis Tuckwell in the 2023 TCS London Marathon – **apply online now:** www.pth.org.uk/event/london-marathon-2023

Music in the Park*

Saturday 8th and Sunday 9th July 2023

Back for 2023! Keep an eye on our website and social media for more information.

Phyllis Tuckwell's Classic Motor Show

Sunday 6th August 2023

Back for 2023! More information will be released on our website soon.

We've got lots more planned for 2023, so keep an eye on our website!

*This event is kindly organised by supporters of PT supported by our Fundraising team.

Christmas cards!

Don't forget you can buy your Christmas cards from us! Visit our website to see the full range: www.pth.org.uk

To register or for further information on any of these events:
www.pth.org.uk/events
01252 729446
fundraising@pth.org.uk

Vintage Clothes and Upcycled Furniture

A vintage Yves Saint Laurent blazer, an Alexander McQueen dress and a Lalique glass vase are just some of the unexpected items which have been donated to our shops, which are located across our catchment area of West Surrey and North East Hampshire.

Our shops raise over £2.3 million a year to help fund our care, selling quality second-hand items, from clothes, shoes and accessories, to books, games, CDs, DVDs and even furniture, all of which have been generously donated by our local community. We also sell many items online, through websites such as eBay, depop and Vinted, including pre-loved streetwear, vintage and unique statement fashion.

We receive a wide variety of donated items, but some just stop us in our tracks. Imagine our delight in finding one of these in a bag of donated clothes!



An Alexander McQueen Dress

We sold on depop for £550

Would be worth over £2,500 if purchased new



A vintage Yves Saint Laurent blazer

We sold on Vinted for £150

Would have originally cost over £500



A vintage Chloe blouse

We sold on Vinted for £175

Would originally have been worth over £550

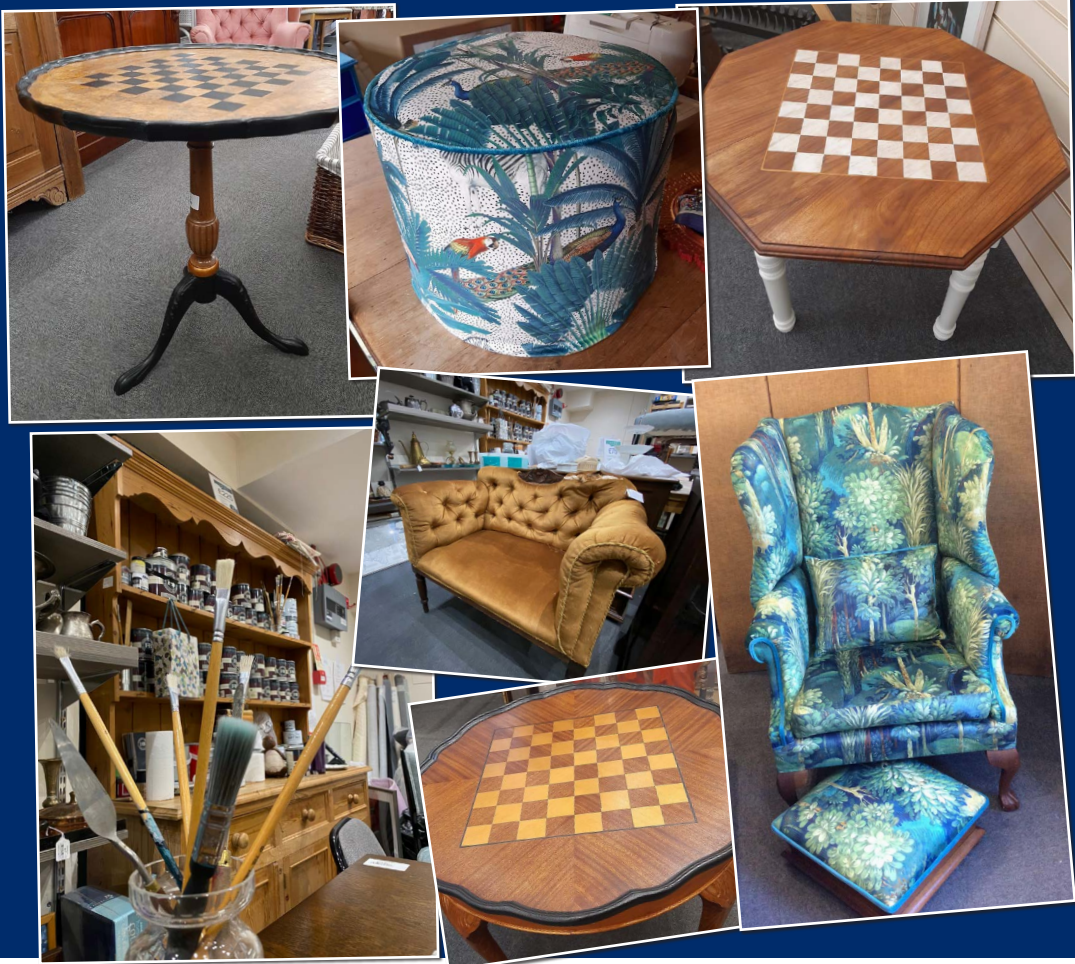


A Moncler coat

We sold on depop for £250

Would originally have cost £750

We've also sold a painting and a ring at auction, the painting for £3,500 and the ring for over £6,000!



Any items which we can't sell are repaired, upcycled or recycled, as much as possible. Our Guildford High Street shop offers a restoring and upcycling service. Amanda and Christine, the manager and assistant manager there, are really passionate about upcycling and are both very creative. They have painted, restored and reupholstered many items of furniture which have been donated to us, giving them a new lease of life and enabling us to sell them on. They have also created three-tiered cake stands from donated plates and saucers, with customers choosing their preferred plates so that the final piece is truly unique and personal to them.

Could You Spare a Few Hours?

We're always looking for more volunteers to help in our shops, so if you would like to find out more, please call our Voluntary Services team on **01252 729400** or email **voluntary.services@pth.org.uk**

You can visit our depop online shops by scanning the QR codes opposite.

One shop sells high end and designer fashion and accessories, while the other enables other depop sellers to purchase in bulk from us at great wholesale prices.



Our Corporates

Bridges Raise Over £100,000

Bridges Estate Agents have raised over £100,000 for us over the last six years! Our thanks go Group Managing Director Carlo Stocchetti and all the Bridges staff, who took part in a range of activities including a celebrity football match, abseils and skydives, to reach this incredible total. The money raised includes Bridges' sponsorship of our three cars, which our Hospice Care at Home nursing team use to visit patients who have chosen to spend their last days at home.



Accumulator Challenge

Teams from local businesses Bluedot Display, Woodford Stauffer, Beaverbrook's Jewellers, C&H Marketing, Shortfield Garage, The FSE Group and KallKwik all took part in our 2022 Accumulator challenge. We gave each of them £50 to use to raise as much money for us as they could in three months, and at the end of the challenge they returned the £50 along with their profits, which they made through activities such as a raffles, bake sales and a badminton tournament.



A huge thank you to everyone who took part!

Corporate Volunteering

Volunteering is a great way to help team building, get out of the office for a bit and support your local community.

It is always wonderful to welcome staff from local businesses who so generously give their working time to help us at our Hospice, Beacon Centre and in our shops, assisting our Estates team with the many tasks they have. Thank you to The FSE Group, WSP, Intec, Smurfit Kappa and Heckfield Estates, to name just a few who have helped us recently, sprucing up areas around the Hospice and re-painting our shopfront in Ash Vale.



Sponsor an Event

If your business or employer would like to sponsor one of our events, we would love to hear from you. **We are currently looking for event sponsors for our Christmas Lights Tour and Santa Fun Runs.**

If you'd like to find out more about Corporate Fundraising, please call **Tom Enser** on **01252 729446** or email **corporate@pth.org.uk**.



Looking to the Future

With all of these amazing things going on, we need to make sure that we're providing the best facilities for our patients and their families and carers, and the best working environment for our staff and volunteers.

As we look to the future, we know that the demand for our services will increase, as more and more people are living for longer, many with an advanced or terminal illness. **By 2030, one in five people in the UK (21.8%) will be aged 65 or over, 6.8% will be aged 75 or over and 3.2% will be aged 85+.**

Although the conversion of our two 4-bedded wards last year increased our number of IPU beds from 10 to 14, we would like to be able to increase it again, back up to the 18 beds we had before the Covid pandemic. We would also like to update our Hospice in Farnham and Beacon Centre in Guildford to make sure that the buildings we work in and from match the quality of our care. We want to provide our patients, families, carers, volunteers and staff with a calm, professional, modern and welcoming environment in which to spend their time. We also need to make sure that our buildings and the facilities they offer will

enable us to meet the growing demand for our services and the changing shape of hospice care for the years to come.

We have recently completed a digital transformation programme, enabling our staff to work from anywhere, at any time, rather than being tied to one office, location or set of hours. Flexible working is important in helping staff to manage their work-life balance, which impacts so much on their happiness and wellbeing.

We are now looking at the Hospice building itself, to see how we can improve it to make it the best space it can be, with an 18 bed IPU, space for outpatient appointments and groups, and office space for our staff which will enhance their working day. We're really excited about this new phase for our building and will keep you up-to-date with how it progresses.

What do you know about **Gifts in Wills?**



**Phyllis[®]
Tuckwell**
Hospice Care
...because every
day is precious

In a normal year
1 in 5
of our patients
is cared for thanks to
Gifts in Wills

By leaving a
Gift in your Will
you are helping to
secure availability of
our vital care
for future generations



"I wanted to leave a legacy because I wanted other people to have that support as well."

Val, a Legacy Pledger.



"Because of the kindness and care they showed my dad, I wanted them to be able to carry on for years ahead and help other people the way they helped us."

Tina, a Legacy Pledger.



"I can't imagine what Mum's last days would have been like without Phyllis Tuckwell. It was because of the amazing care they provided that I decided to leave them a gift in my Will"

Ash, a Legacy Pledger.

Have you already
**left a Gift
to us
in your Will?**

If you have please do let us know

**If you have any questions about Gifts in Wills
please contact Hannah Robins on 01252 729446.**