

WAY Widowed & Young

WAY Foundation (for those under 50 who have lost their partner)

www.widowedandyoung.org.uk

YOUNGMINDS

Young Minds (for children and young people) www.youngminds.org.uk

connect Counselling Service

Connect Counselling Service
(for those in the Surrey Heath area)
www.connectcounselling.org.uk

crossways counselling service

Crossways Counselling Service
01428 644333
<http://crosswayscounselling.org.uk>



The Childhood Bereavement Network
www.childhoodbereavementnetwork.org.uk

Disclaimer – The content of this leaflet is for information only. This information does not constitute either an endorsement or a recommendation for any of the organisations listed.

Do I have to pay for services from Phyllis Tuckwell?

No, all services offered by Phyllis Tuckwell are free. As a charity we are dependent on the local community for their generosity and financial support. We only receive 20% of our funding from the NHS/Government and therefore we have to raise over £20,000 a day to provide all our services. If you would like to make a donation, please ask a member of staff, or visit our website. Thank you.

Patient and Family Support team administrator

pafs@pth.org.uk
01252 729430

Phyllis Tuckwell, Waverley Lane,
Farnham, Surrey GU9 8BL
Phyllis Tuckwell Memorial Hospice Ltd.
Registered Number 1063033. Registered Charity Number 264501.

Phyllis Tuckwell[®]
Hospice Care
...because every day is precious

Bereavement Counselling Services



The counselling service at Phyllis Tuckwell often has a waiting list. If you advise our Patient & Family Support team administrator, we will put you on the waiting list and contact you as soon as we have availability.

If you would like to see someone sooner, here is a list of alternatives which you may wish to consider:

Free counselling services

Your GP may be able to refer you to a counselling service.



Think Action (Surrey residents)
0300 012 0012



Talk Plus (Hampshire residents)
01252 533355



Online therapy (Surrey residents)
www.iesohealth.com/surrey



Cruse Bereavement Care
0808 8081677 www.cruse.org.uk



The Good Grief Trust
www.thegoodgrieftrust.org



Grief Chat
www.griefchat.co.uk



The Bereavement Centre
www.bereavementsupportgroups.co.uk

Counselling services who charge
(organisations who are charities and charge a reduced rate)



You can find a comprehensive list of counsellors in your area at the **British Association of Counselling and Psychotherapy's** website
www.bacp.co.uk



Or on the **Counselling Directory**
www.counselling-directory.org.uk



Counselling and Psychological Services in Surrey

The Eaves Counselling and Psychology Service

Godalming – 01483 418245

Guildford – 01483 917000

Farnham - 01252 820225



Sandhurst Counselling Service (for those in Sandhurst and surrounding areas)
07423 111947
www.sandhurstcounselling.org.uk