# Making a Referral to Phyllis Tuckwell

For adult patients registered with a GP in Guildford & Waverley, Surrey Heath, NE Hampshire & Farnham

#### Patients (18+) with:

- Advanced cancer.
- End stage non-malignant disease.
- Deteriorating health.
- Moderate/severe frailty.
- Terminal/advancing illness.

**Carers and Family Members** 

with

one or

more

Complexity

- Physical and symptom control needs.
- Psychological and spiritual symptoms.
- Social needs impacting on ability to cope with current
- Help with advance care planning.
- Help with end of life care discussions and decisions.

# Single Point of Access for Advice & Referrals

For professionals, patients, their carers.

7 days a week, 8am-6pm.

01252 729440

PTH.adviceandreferral@nhs.net

#### **Out of Hours** after 6pm:

Calls transferred to the In-Patient Unit for access to nursing and medical advice.

## Rapid Assessment

For urgent referrals with unstable symptoms/rapid deterioration.

By a Clinician with feedback to the usual professional team.

# Living Well Programme

For those earlier in their illness. able to access our Guildford/ Farnham sites:

#### **Information & Support**

A range of support and information services for patients/carers/families.

#### **Patient Therapies**

Supportive programmes based on needs (reviewed with the patient every 6-12 weeks).

A range of therapeutic sessions for groups and individuals promoting physical and emotional wellbeing and quality of life.

## In-Patient Unit

For symptom control and terminal care.

7 day/week admissions.

- PTHC Consultants/Drs.
- Nursing.
- Therapists, Counsellors, other members of the MDT.

# Care at Home

Patients with unstable physical symptoms or psychological needs - at home, care home or community hospital.

Patients who are: unstable, deteriorating or dying.

Working in partnership with the GP and Community Nursing teams.

- CNSs aligned to GP Surgeries.
- PTHC Consultants/Drs.
- Hospice Care at Home nursing.
- Therapists, Counsellors, other members of the MDT.

#### Carer & Family Support

During the illness of the family member/partner/friend, under care of PTHC.

SEE OVERLEAF for Living Well programme suitable for patients, carers and family members.

#### **Bereavement Support**

Following death of PTHC patient.



...because every day is precious