



Phyllis[®]
Tuckwell
Hospice Care
...because every
day is precious

Your
virtual
PAR-TEA
Pack!



Registered with



FUNDRAISING
REGULATOR

What is PAR-TEA?

Hosting a virtual PAR-TEA is the perfect way to raise money and have a fun afternoon with your friends, family or neighbours from the comfort of your own home; all you need is a phone, tablet, laptop or desktop PC with a camera so you can all see each other!

Whether you include a virtual bake off, a quiz, have forfeits like £1 for anyone speaking on mute or set some challenges for your guests, you can still have all the fun of a PAR-TEA from home. As nobody is driving, why not swap the tea for cocktails!

You could theme an afternoon tea in the style of Alice in Wonderland's 'Mad Hatter's Tea Party', organise a sweepstake/raffle for your event or a wine tasting, it's up to you!

Whatever you choose to do, please ask everyone who joins in for donations. Every penny you raise will help us continue caring for patients and their families living with an advanced or terminal illness throughout West Surrey and part of North East Hampshire.

Top PAR-TEA Fundraising Ideas



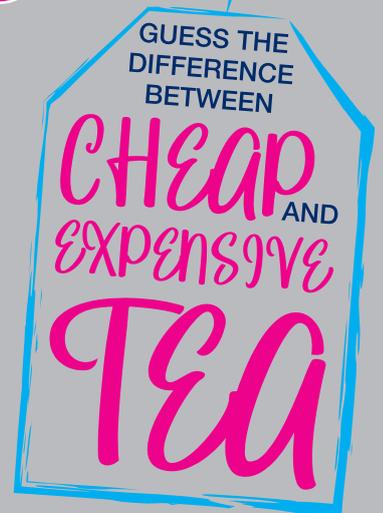
COMBINE OUTDOOR AND ADVENTURE BY HOSTING AN

EXTREME PAR-TEA



TEA SAFARI

TASTE TEAS FROM AROUND THE WORLD



INVITE

FRIENDS, FAMILY NEIGHBOURS COLLEAGUES

for a cup of tea for donations

SWEEPSTAKE



TEST YOUR GUESTS' KNOWLEDGE OF TEA TRIVIA



ORGANISE A

THEMED PAR-TEA

Things to consider when planning your Virtual PAR-TEA

1 Plan your event

- What type of event do you want to organise? Will there be a theme or games?
- Who would you like to invite and what may hold them back from 'attending'? Are they at work or working from home, and so perhaps unable to attend a mid-week social, for example? Do they have children and will they also be invited?
- What time and date will the event take place?

2 It's important that you can all see each other!

You will need a reliable internet access for a live video call. There are lots of platforms you can use for this. Some of the most popular are: WhatsApp, Skype, Zoom and Facetime – but be aware some have time limits which may interrupt your party and some need specific app downloads / PC connection. Have a look to see which platform would work best for you.

3 Food

It wouldn't be a PAR-TEA without food and drink! You can either choose to send out recipe cards via email, so everyone can have a go at baking the same cake (you could even make this into a competition!) or you can let people choose their own food. Why not all have a go at making the same cocktail too?

4 Set up your donation page

You can easily set up a fundraising page in aid of Phyllis Tuckwell through JustGiving or Virgin Money. Once it's set up, you can share the link with your guests when you send out the invite, so everyone can donate.

5 Invite friends and family

Send invitations to your friends and family inviting them to the PAR-TEA, you can do this via a text message, email or social media, but make sure you mention what video platform you will be hosting your PAR-TEA on and share any links/events if required. Tell people the date, time, food and drink information, and any other details.

6 The event!

- On the day, prepare where you will sit. On the sofa? At the dining table? In the garden?
- Find a secure place to sit your phone/tablet/laptop if you are going to be moving from one room to the other, so it avoids distracting everyone and causing loud noises (you know, the one where your phone falls off the arm of the sofa!).
- Think about what food needs preparing and make sure your drinks are in the fridge or the kettle is on!
- Finally, if there's a theme, prepare your decorations in the background and put on your fancy dress outfit!
- When it gets to the start time of your event, make sure you're ready to lead the video call and watch as others join!

Did you know?

AROUND 3,276 HOT DRINKS

ARE SERVED ON OUR IN-PATIENT UNIT EVERY MONTH

Set Yourself a Target

One of the biggest questions to ask yourself is, how much do I want to raise? How much do you see your event raising? £50... £100... £3,000. Then think about how you will reach your target, i.e. if you invite 10 friends and ask for a donation of at least £10, then you will raise £100.

Make sure you tell everyone how much you are hoping to raise so your friends, family and colleagues can help you reach it.

Large or Small Donations... Every Penny Counts

Every day we need to raise over £20,000 to provide care and support, free of charge, to patients, carers and families living with an advanced or terminal illness across West Surrey and part of North East Hampshire.



Fundraising Materials

If you would like any fundraising materials to help you reach your target, please contact the Fundraising Team at least two weeks before the date of your event.

Call the team on 01252 729446 or you can email us on fundraising@pth.org.uk

- Phyllis Tuckwell PowerPoint slides
- Collection Tins/Buckets
- Sashes
- Banners and balloons
- Retail donation bags
- Information leaflets
- Sponsorship forms



Here is how you can help:



could help our Hospice Care at Home team to care for a patient for one hour in their own home.



could pay for the services of an Occupational Therapist for a day.



could provide Day Hospice care for one patient for a day.



could pay for an inpatient's care for a day.

Paying in Your Money

Once you have held your PAR-TEA event, please complete the form below and return to: **Phyllis Tuckwell Hospice Care, Waverley Lane, Farnham, Surrey, GU9 8BL**. If you are unable to come to the Hospice, please get in touch and we will try and arrange for someone to come and pick up the funds from you.

Title: First Name:

Surname:

Business:

Address:

Postcode:

Telephone Number:

Mobile Number:

Email:

Cheques should be made payable to: **Phyllis Tuckwell Hospice Care** and can be sent to Community Fundraising, Phyllis Tuckwell Hospice, Waverley Lane, Farnham, Surrey, GU9 8BL

Please do not send cash

Keeping in touch - please tick your preferences below

I am happy to receive information about your events and other fundraising activities by:

Post: Yes No

Email: Yes No

Phone: Yes No

Text: Yes No

Our Privacy Policy - protecting your personal data

We will use your details to contact you about this donation.

Phyllis Tuckwell handles and retains all personal data in accordance with its Privacy Policy. The terms of this Policy are set out in full on our website, or alternatively a copy may be requested from any member of staff.

Phyllis Tuckwell will not sell or exchange your data with any third parties for marketing purposes. You can change your preference at any time by contacting 01252 729446 or emailing support@pth.org.uk

Event Details

Date of PAR-TEA: / /

How much did you raise?:

We recommend that you count all funds in the presence of a witness.

Signed:

Date: / /

Did you know?

The most expensive tea in the world is Da-Hong Pao, a type of Chinese tea worth more than 30 times its weight in gold.

A kilogram costs around \$1.2 million!

Why Fundraise for Phyllis Tuckwell?

...BECAUSE EVERY DAY IS PRECIOUS

Phyllis Tuckwell is the only Hospice Care service for adult patients and their families living with an advanced or terminal illness across the whole of West Surrey and part of North East Hampshire, at the Hospice in Farnham, at the Beacon Centre in Guildford and in the community.

For many patients, when a cure is not possible, Hospice Care helps manage pain and improves the quality of life for both the patient and their family. Seeking care through Phyllis Tuckwell isn't about giving up hope or hastening death, but rather a way to get the most appropriate care in the last phase of life...because every day is precious.

As you can imagine 2020 has been a challenging time for Phyllis Tuckwell, but our teams have been so resilient and adapted quickly to ensure we are keeping not only our patients and families safe, but our supporters and fellow colleagues too. Many of our services had to be temporarily suspended and visiting restricted, but we have supported patients and families in other ways, by lots more phone consultations and more home visits.

With so many of our fundraising events cancelled and our 18 shops temporarily closing, our income has also been impacted hugely by the virus. Our team of doctors, nurses, physiotherapists, occupational and complementary therapists, social work advisors, counsellors and chaplains work tirelessly to offer specialist palliative care to our patients and their families free of charge, but as the NHS/Government only covers 20% of our costs, we have to raise over £20,000 a day to be able to do this. We continue to rely more than ever on our community for their support. Quite simply without you we would not be here – thank you!

Support

For fundraising support, contact the friendly Fundraising Team:

